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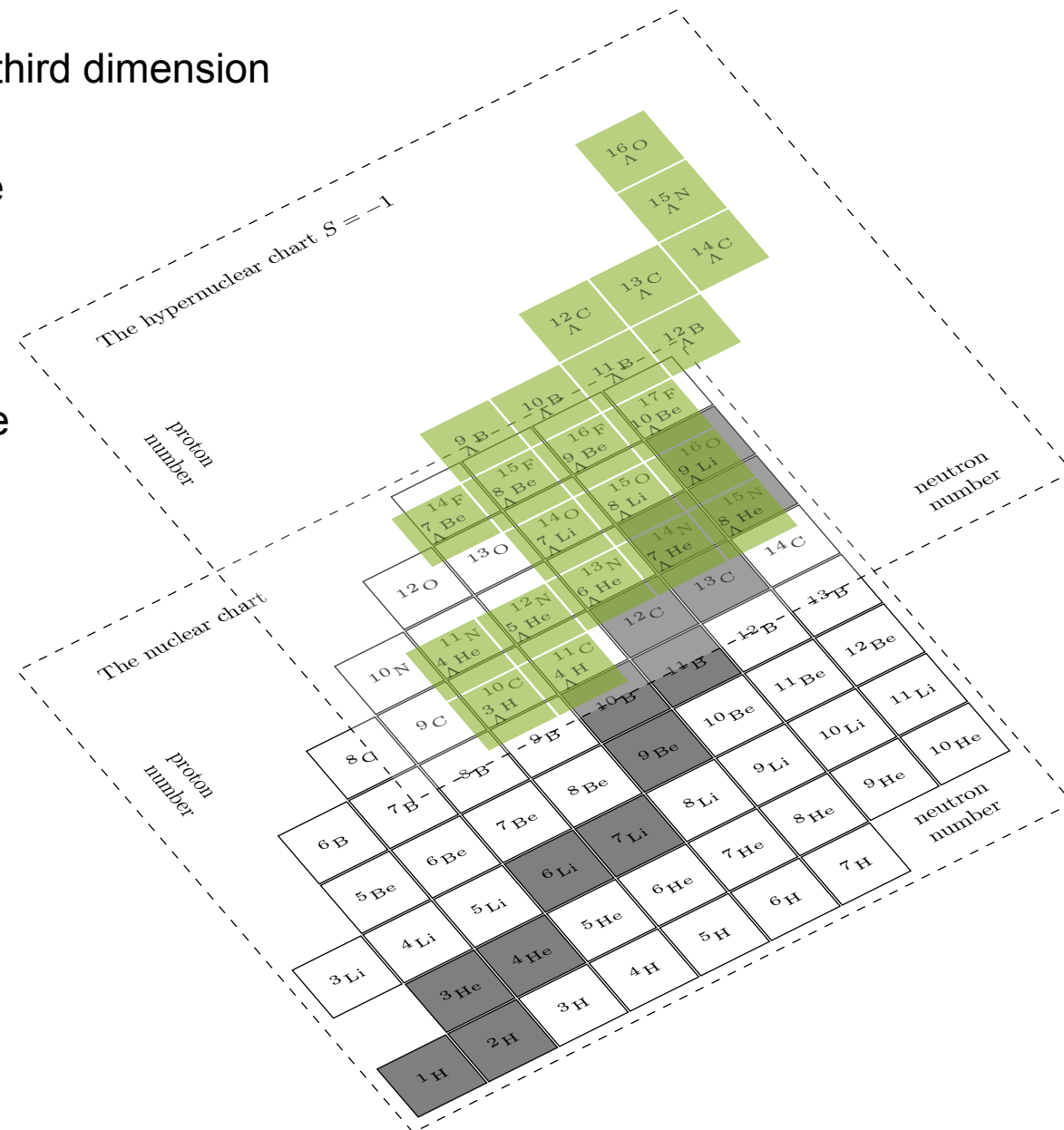
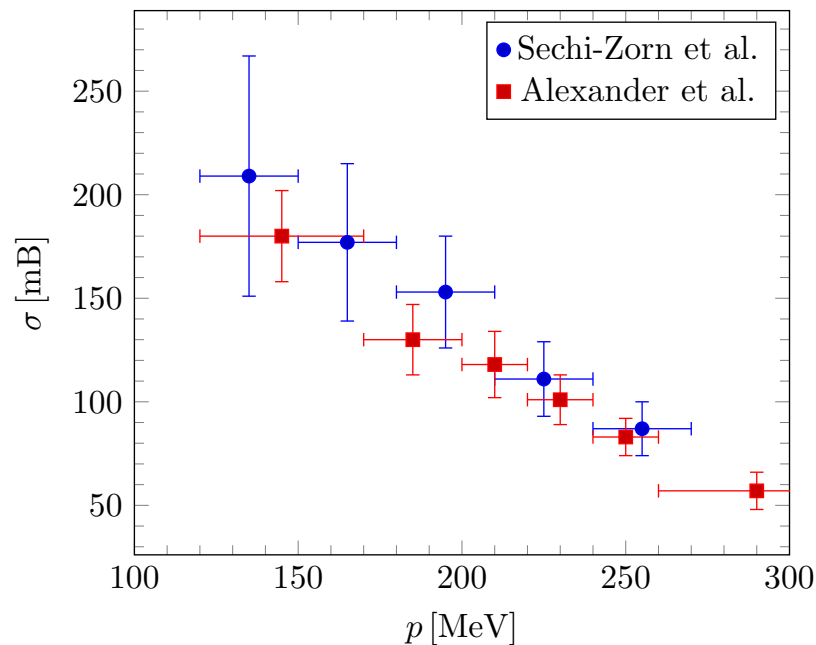
Outline

- Motivation
- Structure of Three-Body hypernuclei from pionless EFT
 - ▶ Universal Correlations
 - ▶ Lifetime of the hypertriton
- First Insights for hypernuclei from the Lattice
 - ▶ From NLEFT to (Hyper) NLEFT
 - ▶ Impurity Worldline Monte-Carlo

Hypernuclear physics in a nutshell

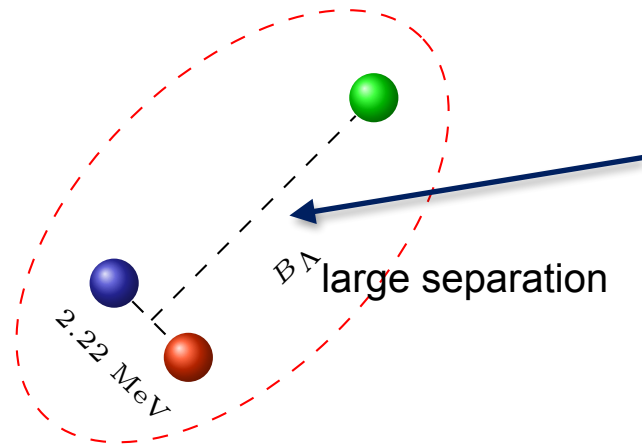
- Strangeness extends the nuclear chart to a third dimension
- Unique opportunity to study the strong force Without the Pauli principle
- Typical approach from nuclear physics does not work since two-body data is sparse

$$\Lambda p \rightarrow \Lambda p$$



- Gateway : **Three-Body Systems**

The Hypertriton - Known for years still a puzzle



Emulsion:
 $B_\Lambda = 0.130 \pm 0.050$ MeV Juric 1973

Heavy Ion:
 $B_\Lambda = 0.406 \pm 0.120$ MeV Star 2020
 $B_\Lambda = 0.102 \pm 0.063$ MeV Alice 2023

World Average:
 $B_\Lambda = 0.164 \pm 0.043$ MeV Mainz 2023

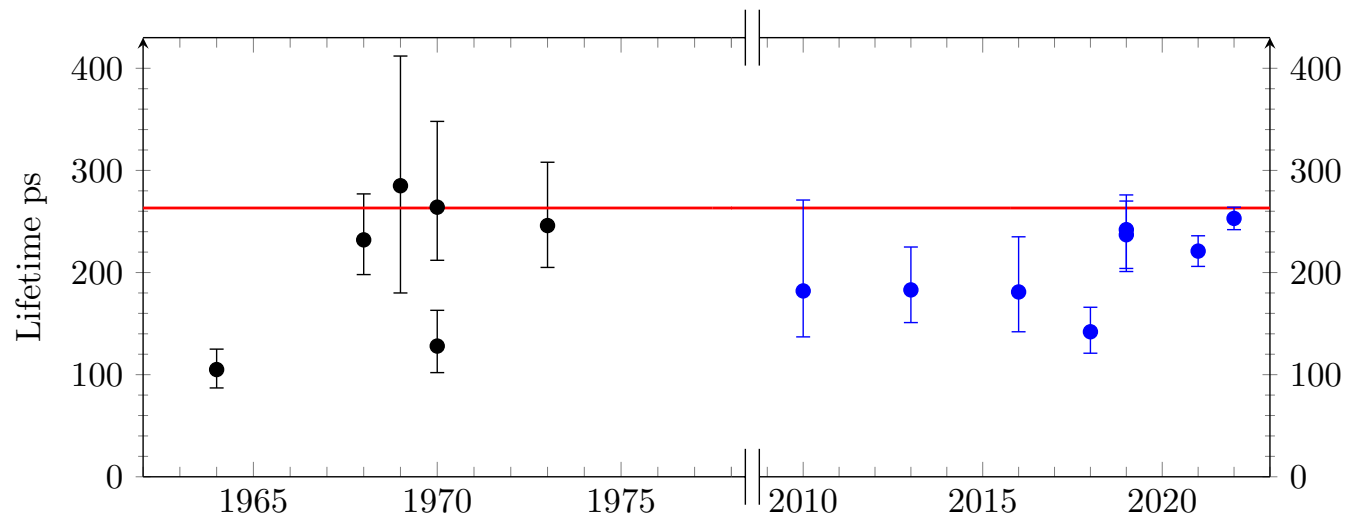
Shallow S-Wave State

$$J^P = \frac{1}{2}^+$$

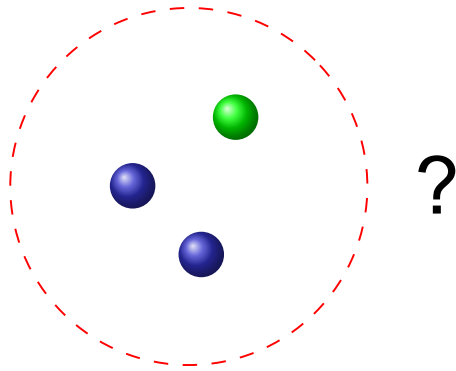
Distinguishable

$$I = 0 \Rightarrow \frac{1}{\sqrt{2}} (pn - np) \Lambda$$

large $\Lambda - d$ separation $\Rightarrow \Lambda$ drives the decay



Λnn -Another three-body system



Might be bound
 $B_{\Lambda nn} \approx 1.1 \text{ MeV}$ HypHI 2013
 Contradicts Hypernuclear data
 Unclear Nature
 Bound?
 Resonance?

Shallow S-Wave State

$$J^P = \frac{1}{2}^+$$

Distinguishable

$$I = 1 \Rightarrow \Lambda nn$$

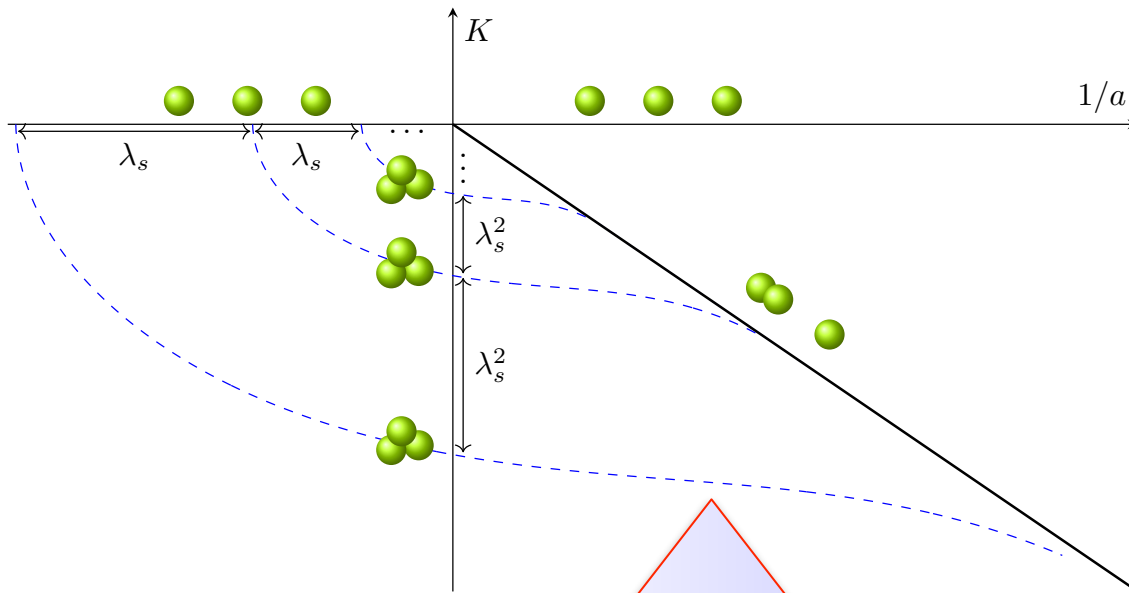
Similar to Hypertriton
 Different Isospin
 Channel

Exploit



Explore Λnn and Hypertriton
 Within One Theory

Theoretical Framework \Rightarrow Pionless EFT



Shallow S-Wave State

$$J^P = \frac{1^+}{2}$$

Distinguishable

2 Isospin Channels

Large Scattering Length

Physics Determined by a and Λ_*

Universal Relations Between Observables

B_Λ and $\langle r^2 \rangle$

B_Λ and τ

B_Λ and $a_{\Lambda d}$

Pionless effective field theory
Controllable Uncertainties
Systematic Improvement

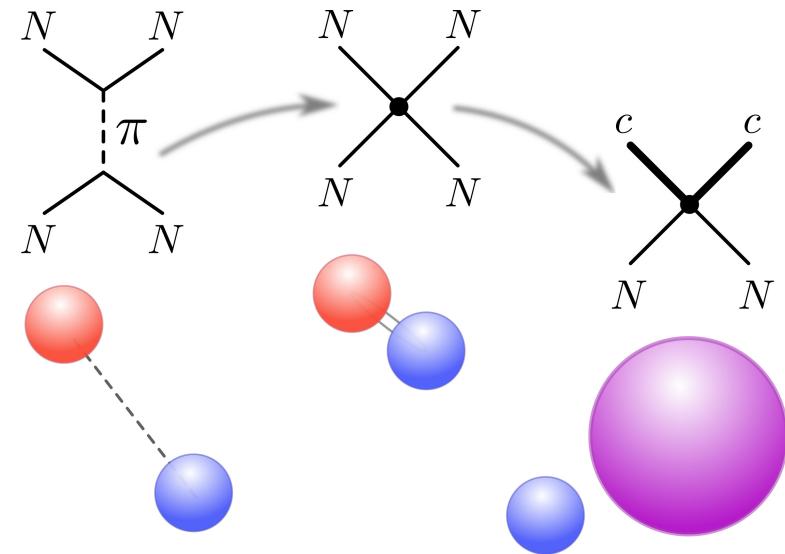
Why pionless Effective Field Theory(EFT)?

What is an EFT (in a nutshell)?

Simplifies a fundamental theory to its essential parts

Focus on the relevant degrees of freedom

Offer a systematic way to improve the theory



Picture: FB Physik TU Darmstadt

Integrate out heavy particles out of the theory

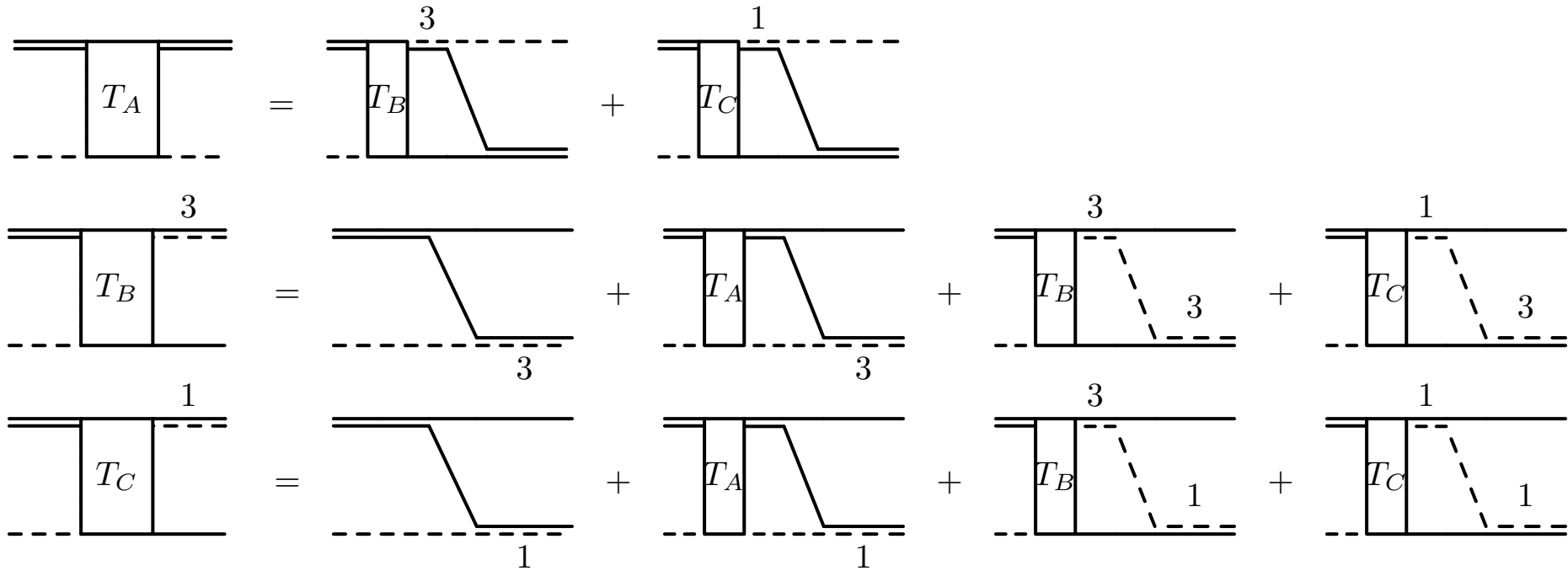
$$\frac{g^2}{m_\pi^2 - q^2} \approx \frac{g^2}{m_\pi^2} + \frac{g^2 q^2}{m_\pi^4} \quad \xrightarrow{\gamma \sim q \ll m_\pi}$$

No explicit $\Lambda \Leftrightarrow \Sigma$
But Three-Body-Force

$$\begin{aligned} & {}^3S_1(NN) + \Lambda \text{ (Hypertriton)} \\ & {}^1S_0(NN) + \Lambda \quad (\Lambda nn) \end{aligned}$$

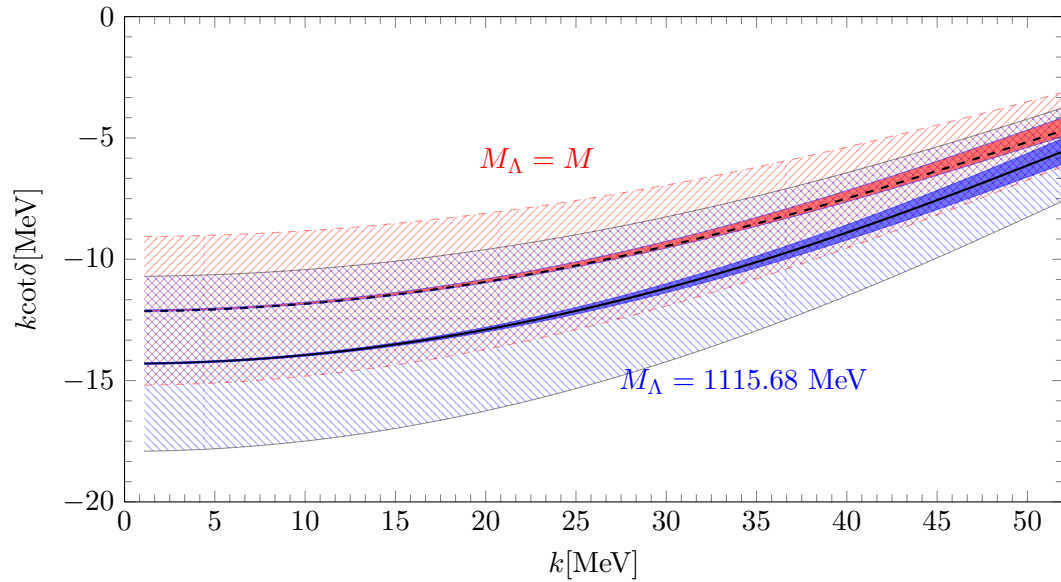
$$\begin{aligned} & {}^3S_1(\Lambda N) + N \quad \text{(Both)} \\ & {}^1S_0(\Lambda N) + N \quad \text{(Both)} \end{aligned}$$

Integral equations



Integral equations are form invariant for both isospin channels

The Phillips line for the Hypertriton



Use chiral EFT inputs for ΛN interaction

Phase shift are however independent of details of the interaction

→ Shallowness of the hypertriton

$$a_{\Lambda d} = 15.4^{+4.3}_{-2.3} \text{ fm}$$

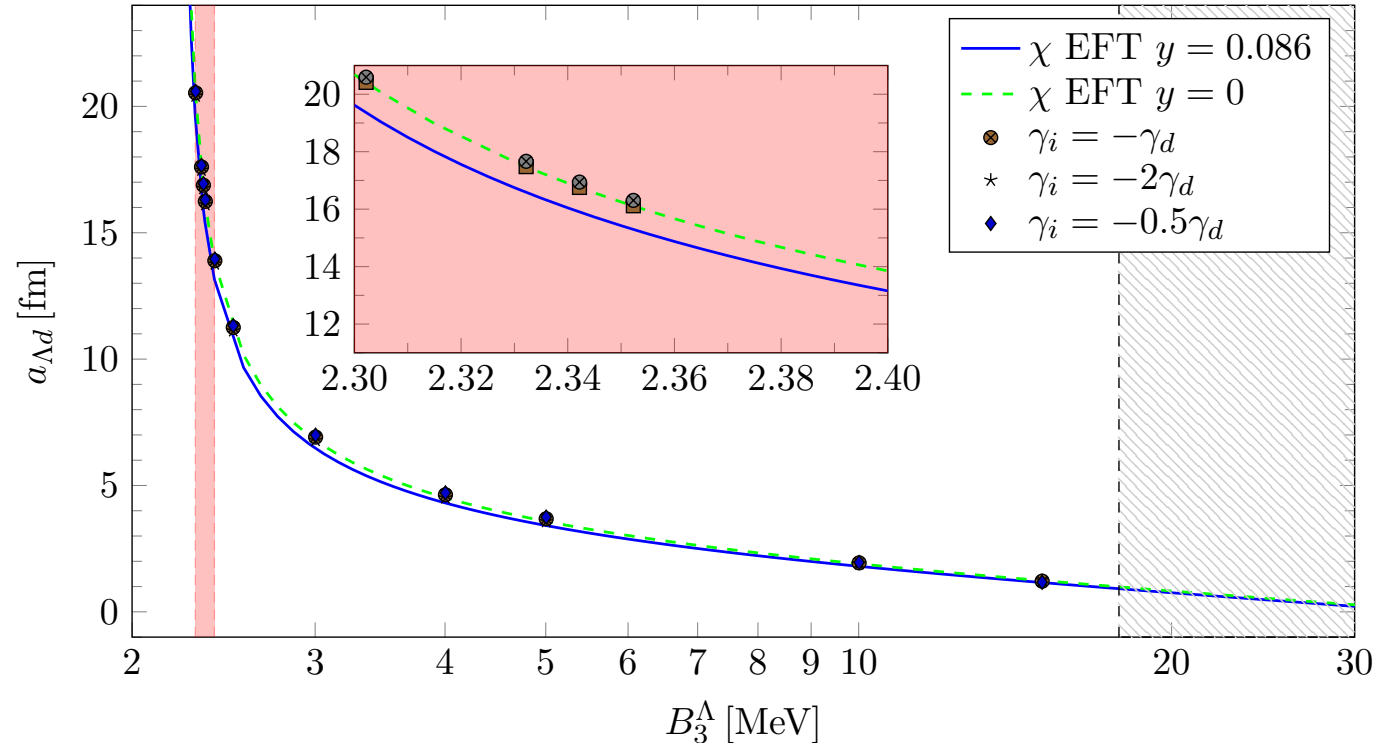
$$r_{\Lambda d} \approx 1.3 \text{ fm}$$

Strong dependence on B_{Λ}

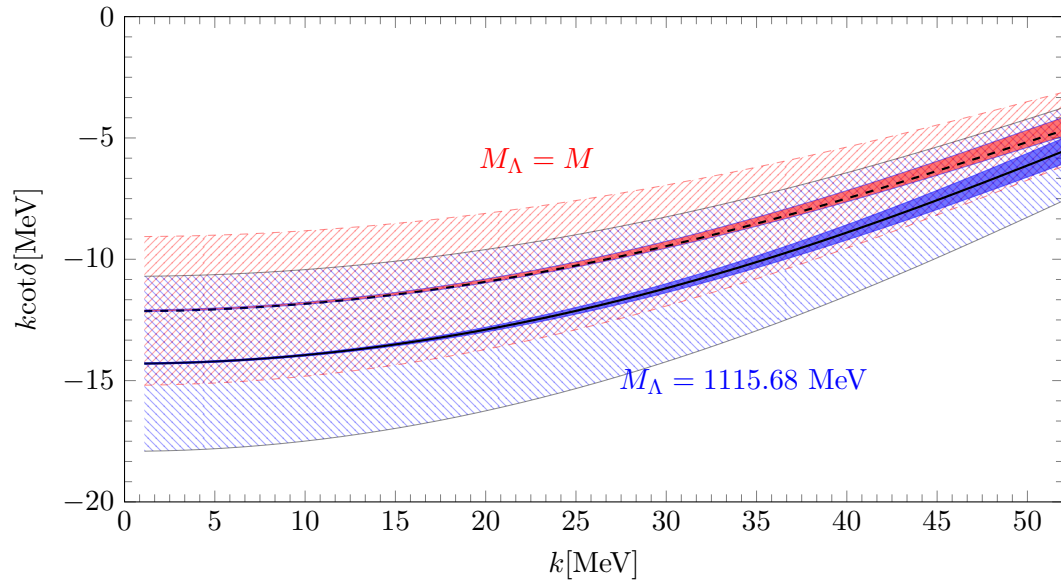
Independent of the Λ pole position

Universal relation :

$$B_{\Lambda} \Leftrightarrow a_{\Lambda d}$$



The Phillips line for the Hypertriton



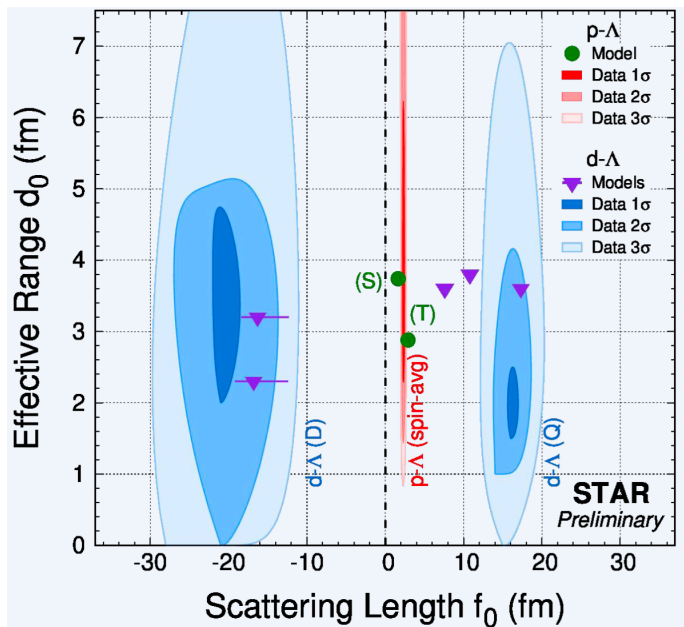
Use chiral EFT inputs for ΛN interaction

Phase shift are however independent of details of the interaction

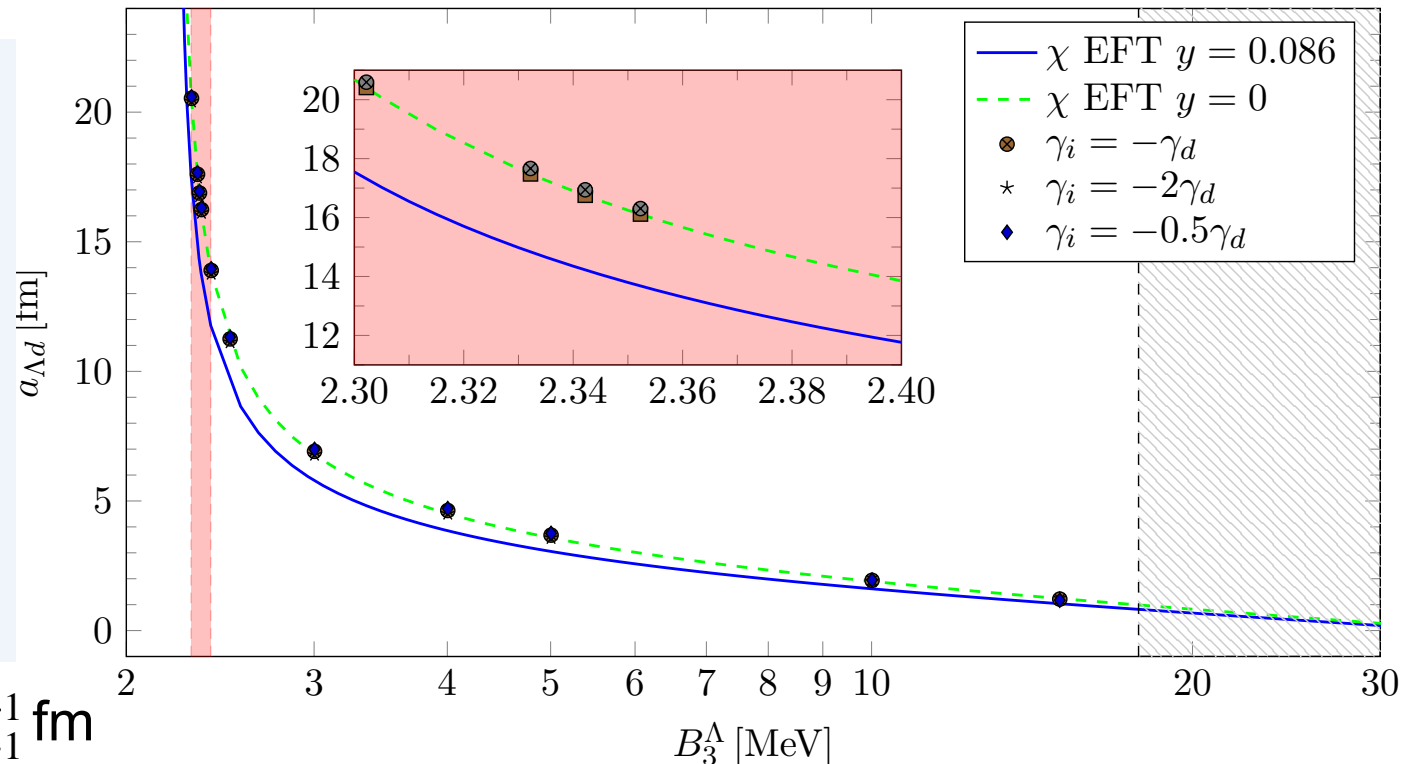
→ Shallowness of the hypertriton

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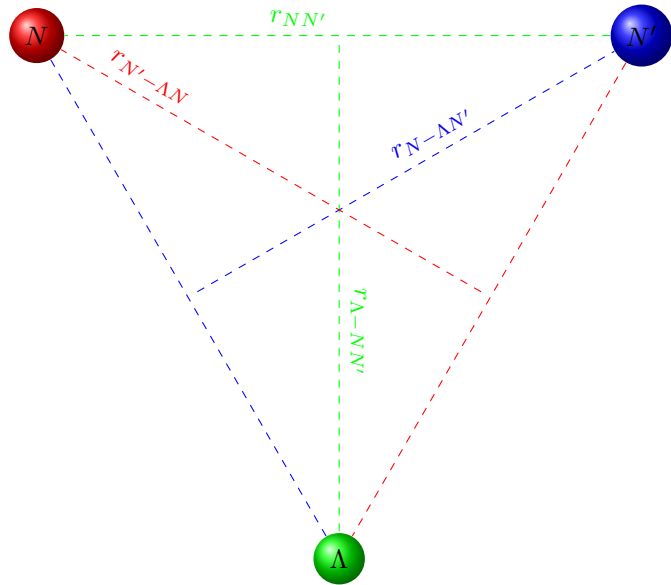
$$r_{\Lambda d} \approx 1.3 \text{ fm}$$



$$a_{\Lambda d} = 16^{+2}_{-1} \text{ fm} \quad r_{\Lambda d} = 2^{+1}_{-1} \text{ fm}$$



Matter radii for the Hypertriton

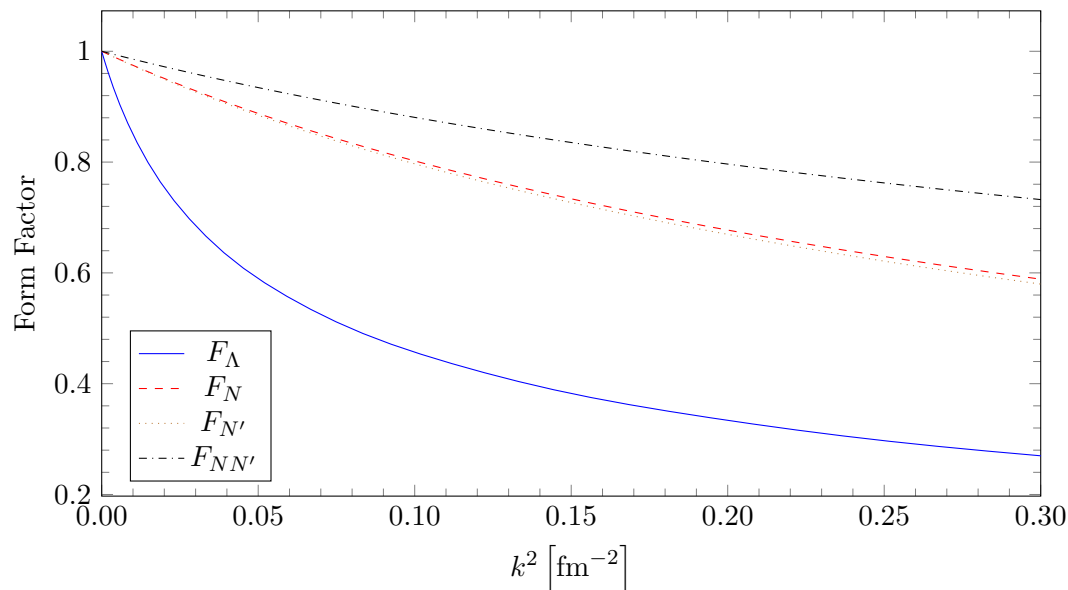


Calculation of form factors out of the Three-body wave functions

$$F_i(\mathbf{k}^2) = \int d^3p \int d^3q \psi_i(p, q) \psi_i(p, |q - k|)$$

Relate different Form Factors to Different Matter Radii

$$F_i(\mathbf{k}^2) = 1 - \frac{1}{6} \mathbf{k}^2 \langle r_{i-jk} \rangle + \dots$$



Halo structure of the hypertriton directly visible

Expectation from two-body calculation

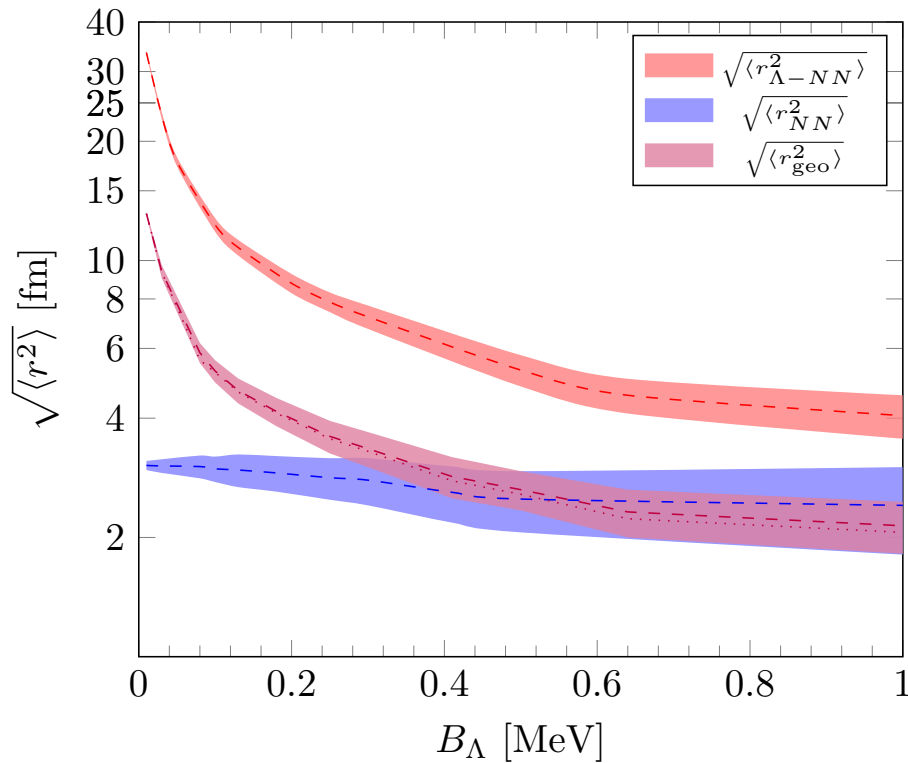
$$B_2 = \frac{1}{2\mu a^2} \quad \text{and} \quad \langle r^2 \rangle = \frac{a^2}{2}$$

$$\sqrt{\langle r_{NN}^2 \rangle} \approx 3.04 \text{ fm}$$

$$\sqrt{\langle r_{\Lambda d}^2 \rangle} \approx 10.34 \text{ fm}$$



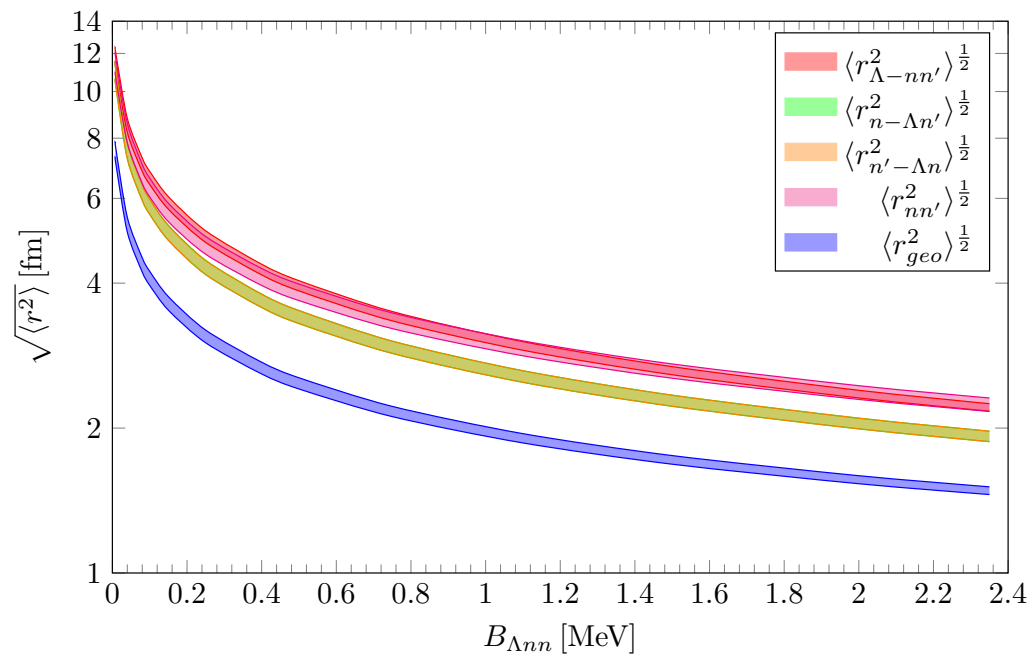
Universal relation between $\langle r^2 \rangle \Leftrightarrow B_\Lambda$



$\sqrt{\langle r_{\Lambda-NN'}^2 \rangle} [\text{fm}]$	$\sqrt{\langle r_{N'-\Lambda N}^2 \rangle} [\text{fm}]$	$\sqrt{\langle r_{N-N'\Lambda}^2 \rangle} [\text{fm}]$	$\sqrt{\langle r_{NN'}^2 \rangle} [\text{fm}]$	$\sqrt{\langle r_{geo}^2 \rangle} [\text{fm}]$
10.79	3.96	4.02	2.96	4.66
+3.04/-1.53	+0.40/-0.25	+0.41/-0.25	+0.06/-0.05	+1.19/-0.54
+0.03/-0.02	+0.03/-0.03	+0.03/-0.03	+0.03/-0.04	+0.01/-0.01

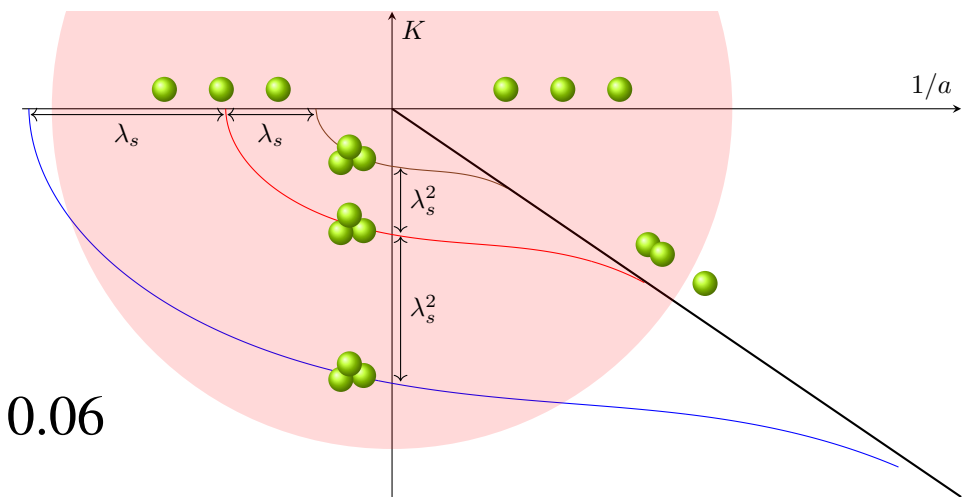
Insensitive to details of
Of the ΛN Interaction

Is a Λnn physical in this theory?



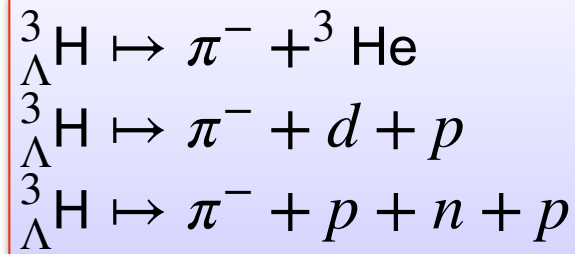
Λnn is physical by construction in this theory since it exhibits the Efimov Effect

BUT! Λnn might be not within range of Applicability

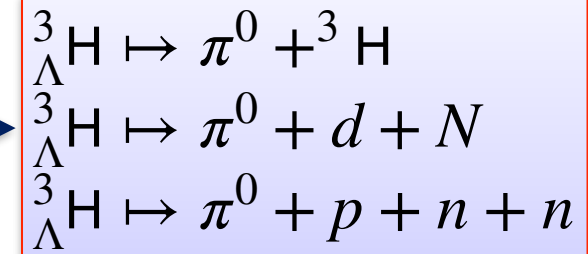


$$P = \frac{\Lambda_*^{I=1, \text{breakdown}} - \Lambda_*^{I=1, \text{threshold}}}{(e^{\pi/s_0} - 1) \Lambda_*^{I=1, \text{breakdown}}} \approx 0.06$$

Hypertriton Lifetime

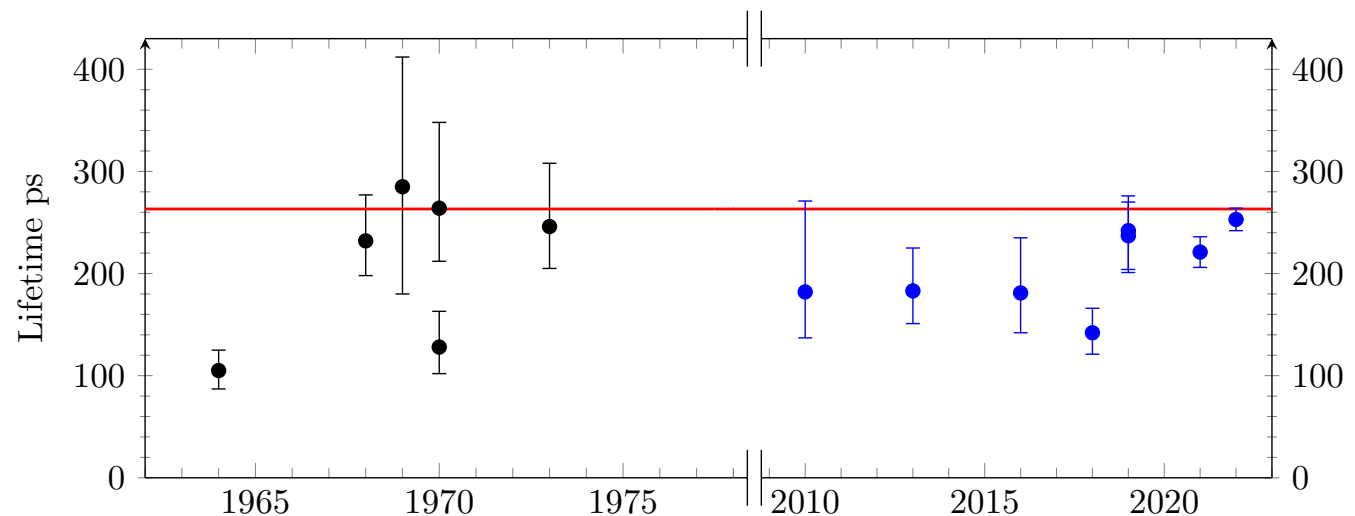


Isospin $\Delta I = \frac{1}{2}$ rule

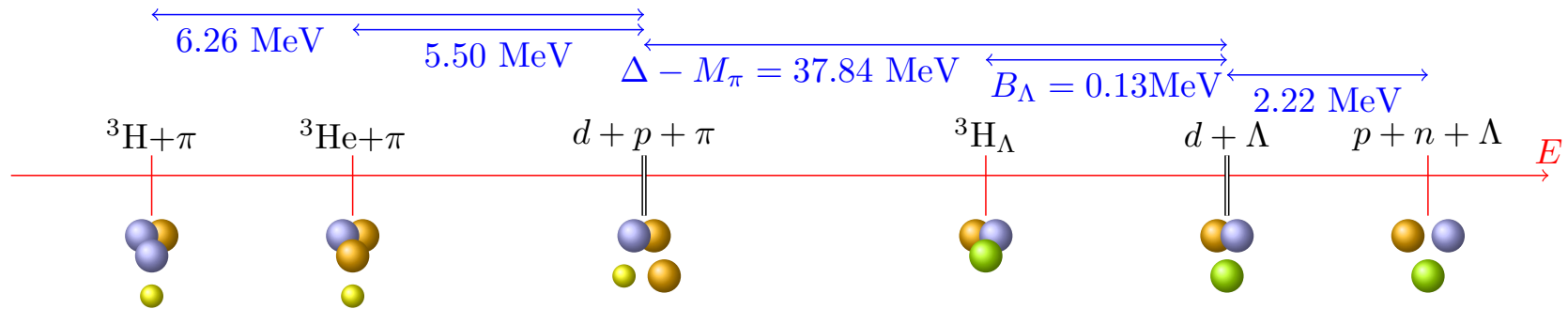


Leptonic and Non-Mesonic Decays are Negligible
 Deuteron Breakup suppressed by 2 order of magnitude

- Two-body picture works
- Calculate Lifetime in a Picture with a fundamental deuteron
- Focus on the B_{Λ} dependence

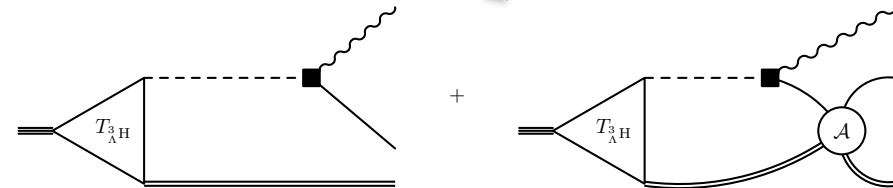
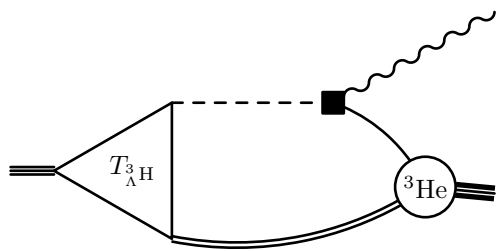


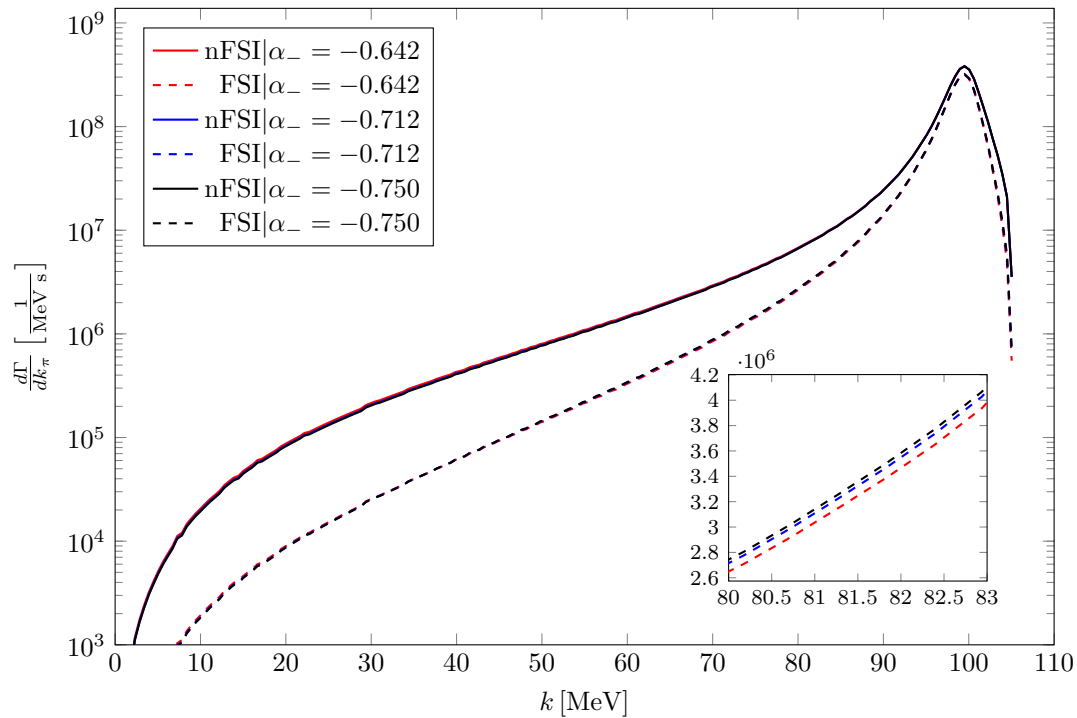
Hypertriton Lifetime



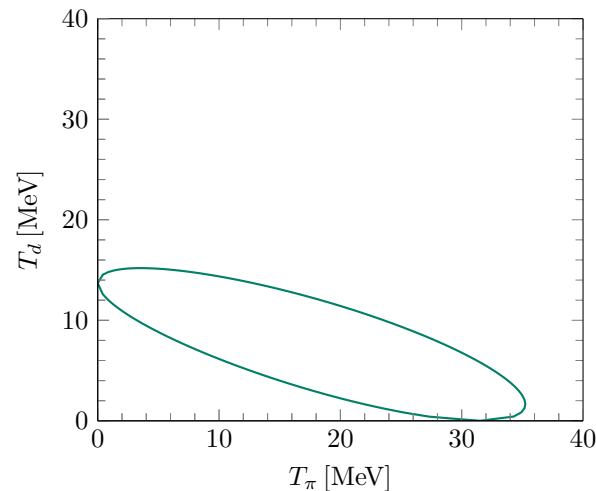
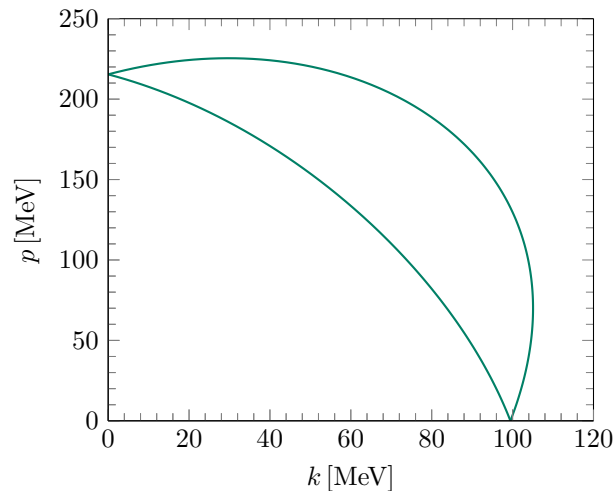
Triton/He Final state

Deuteron Final state

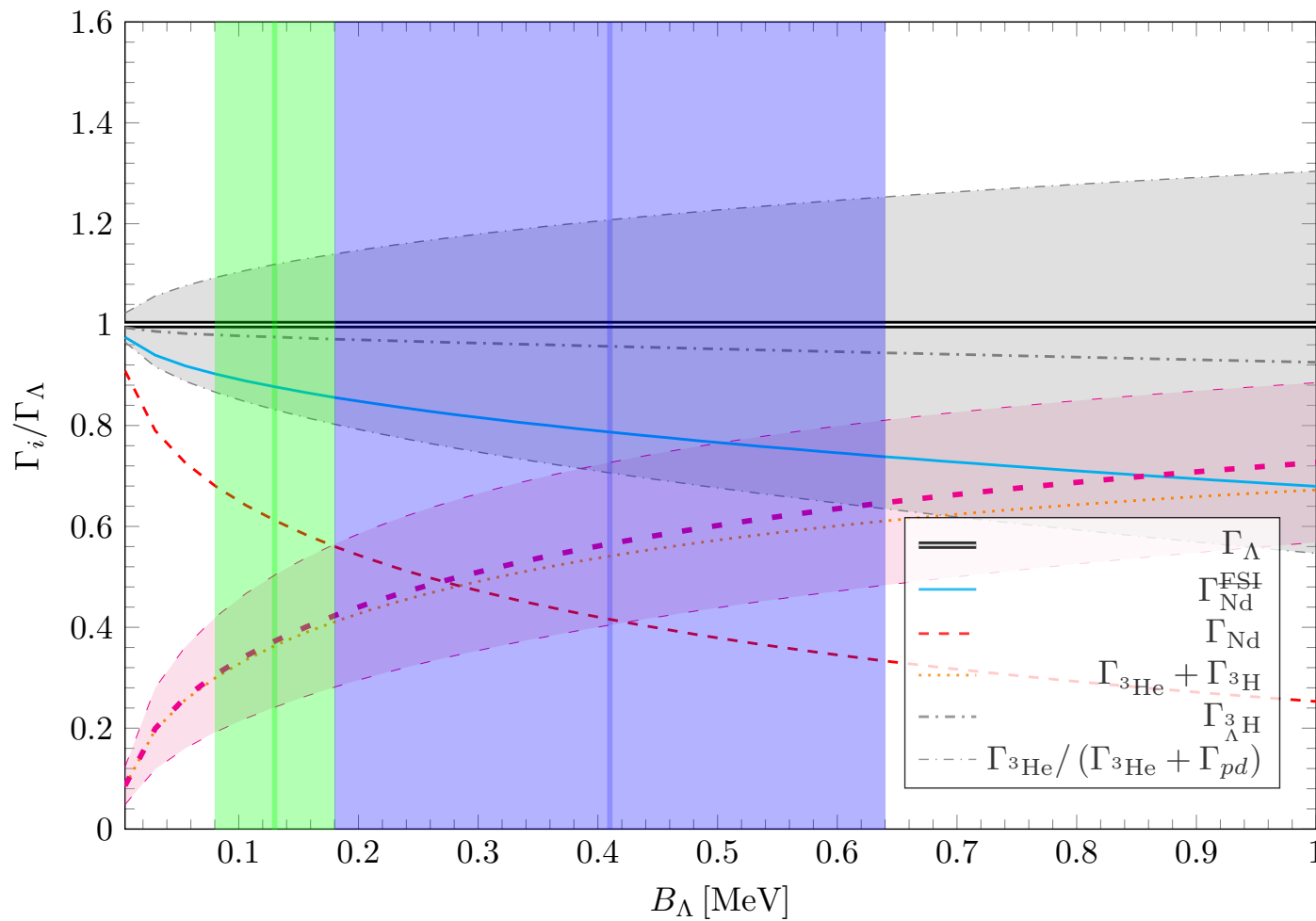




- Minor dependence on the polarisation parameter α_-
- Main contribution from $k \sim 100 \text{ MeV}$
- Final State interaction are Important



Hypertriton Lifetime



- Γ barely depend on B_Λ
- Final State interaction are important
- The Branching ratio R_3 depends strongly on B_Λ
- Star Branching ratio $0.32(5)(8)$

Emulsion data $R_3 = \Gamma_{\text{He}} / (\Gamma_{\text{pd}} + \Gamma_{\text{He}}) = 0.3 - 0.4$

Pionic Final State Interactions

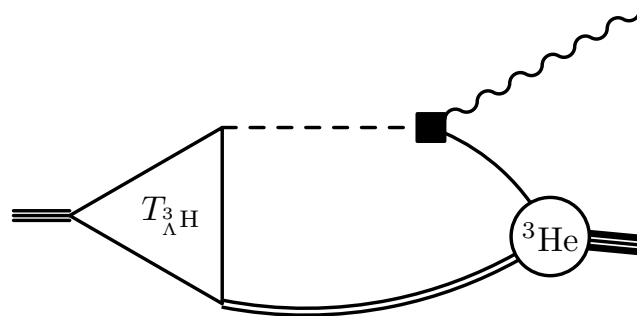
Work by Perez-Obiol
And Gal suggest significant contribution from Pionic final states

Perez-Obiol 2020, Gal 2019

Different Type of calculation
Only has two-body decay
Channel and uses the
Branching ratio as an input
Contribution : $\approx 0.15\Gamma_{\Lambda}$

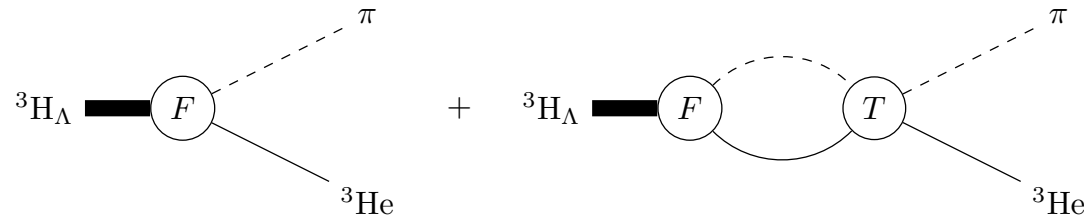
NLO Effect

Choose this channel!



- Only two particles in FSI
- FSI is momentum locked
- Direct comparison is possible
- Not much data available

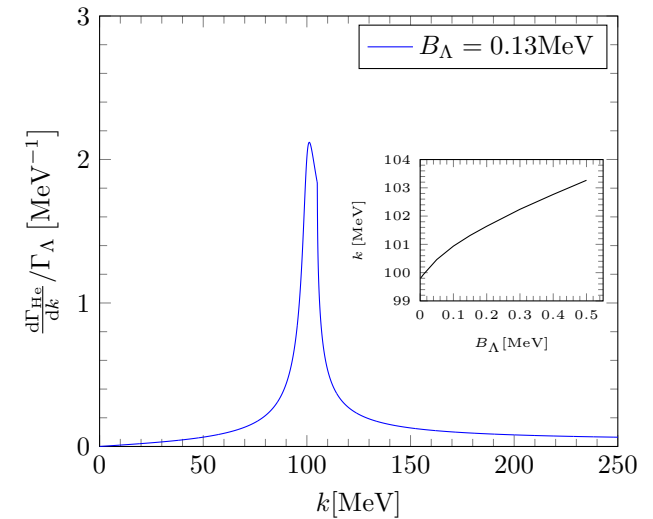
Pionic Final State Interactions



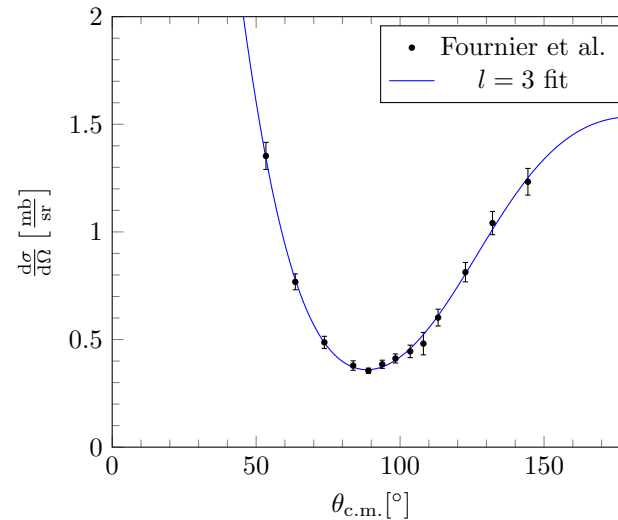
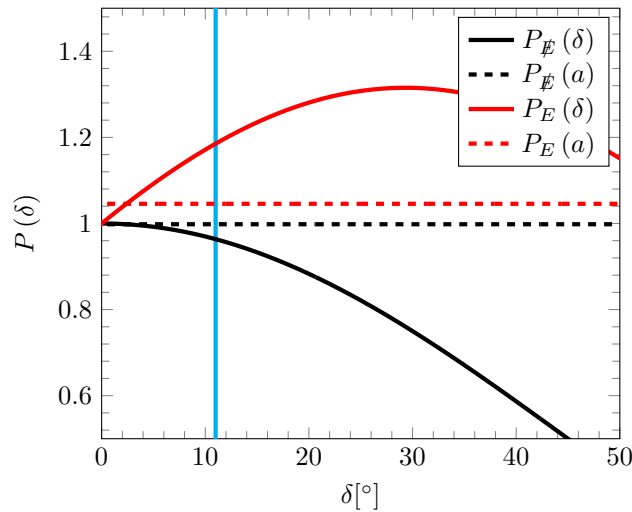
Problem! Not much known About $^3\text{He} - \pi$ scattering

Only evaluate at the dominating momentum \bar{k}

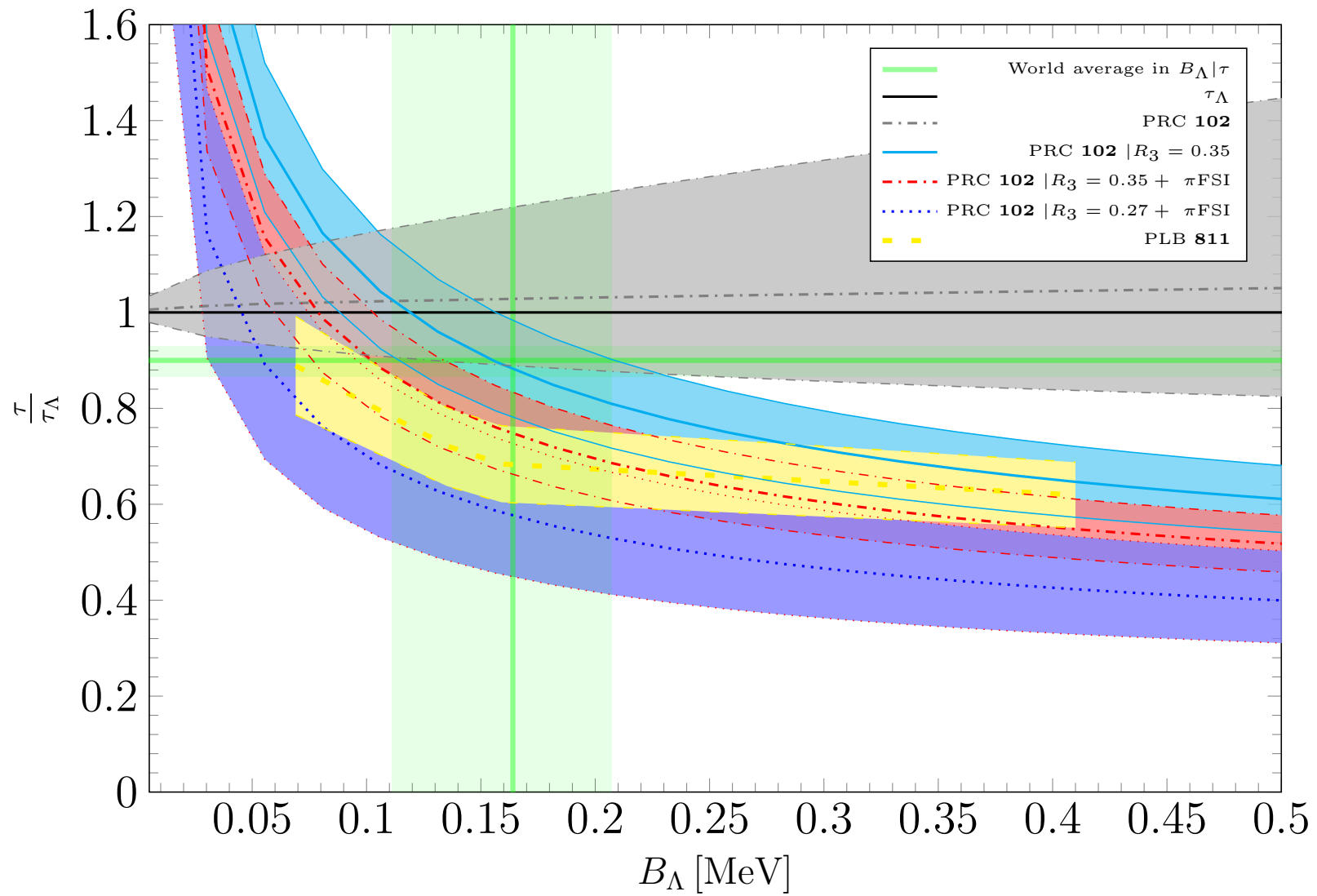
$$M = F^2(k) \frac{(k \cot \delta + \bar{k})^2}{(k \cot \delta)^2 + k^2} \equiv F^2(k) P_E(\delta)$$



Typical momentum depends only weak on B_3



Pionic Final State Interactions



Universal relation between $\tau \Leftrightarrow B_\Lambda$

Three-body-hypernuclei are important to understand physics beyond the u- and d-quark sector

Pionless EFT results consistent for large interparticle distance from 2-body Estimate

Results for the hypertriton lifetime with a fundamental deuteron including The full three-body phase space

Branching ratio favours small binding energy

Important to combine different observables: binding energy, lifetime and branching ratios!

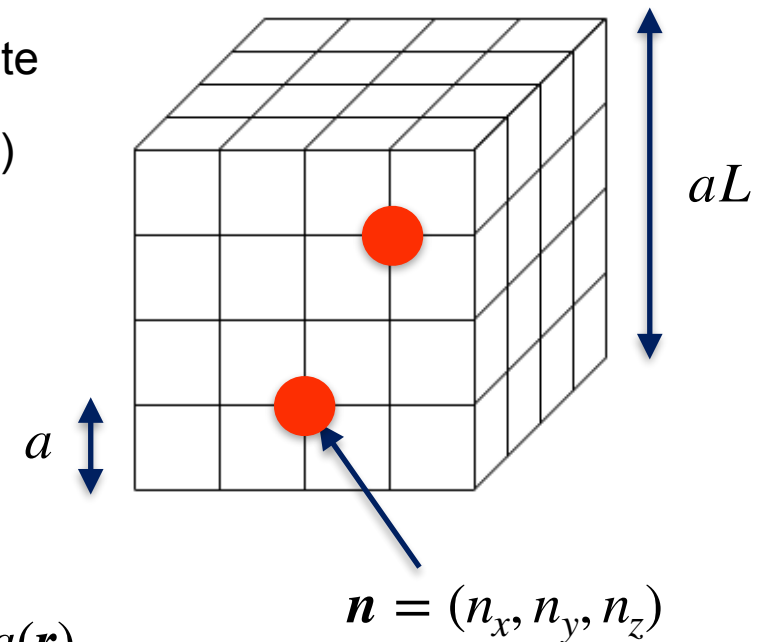


Change Gears! Now Nuclear Lattice EFT

Method: Lattice Monte Carlo

- Lattice \Rightarrow Cubic Volume of size $(La)^3$ with discrete lattice site
(a = lattice spacing, serves as UV cutoff for the EFT $\Lambda = \frac{\pi}{a}$)
- We need to make our Hamiltonian discrete.

Example: Spin \uparrow particle(s)



$$H = \frac{1}{2m} \int d^3r \nabla a^\dagger(\mathbf{r}) \cdot \nabla a(\mathbf{r}) = -\frac{1}{2m} \int d^3r a^\dagger(\mathbf{r}) \cdot \nabla^2 a(\mathbf{r})$$

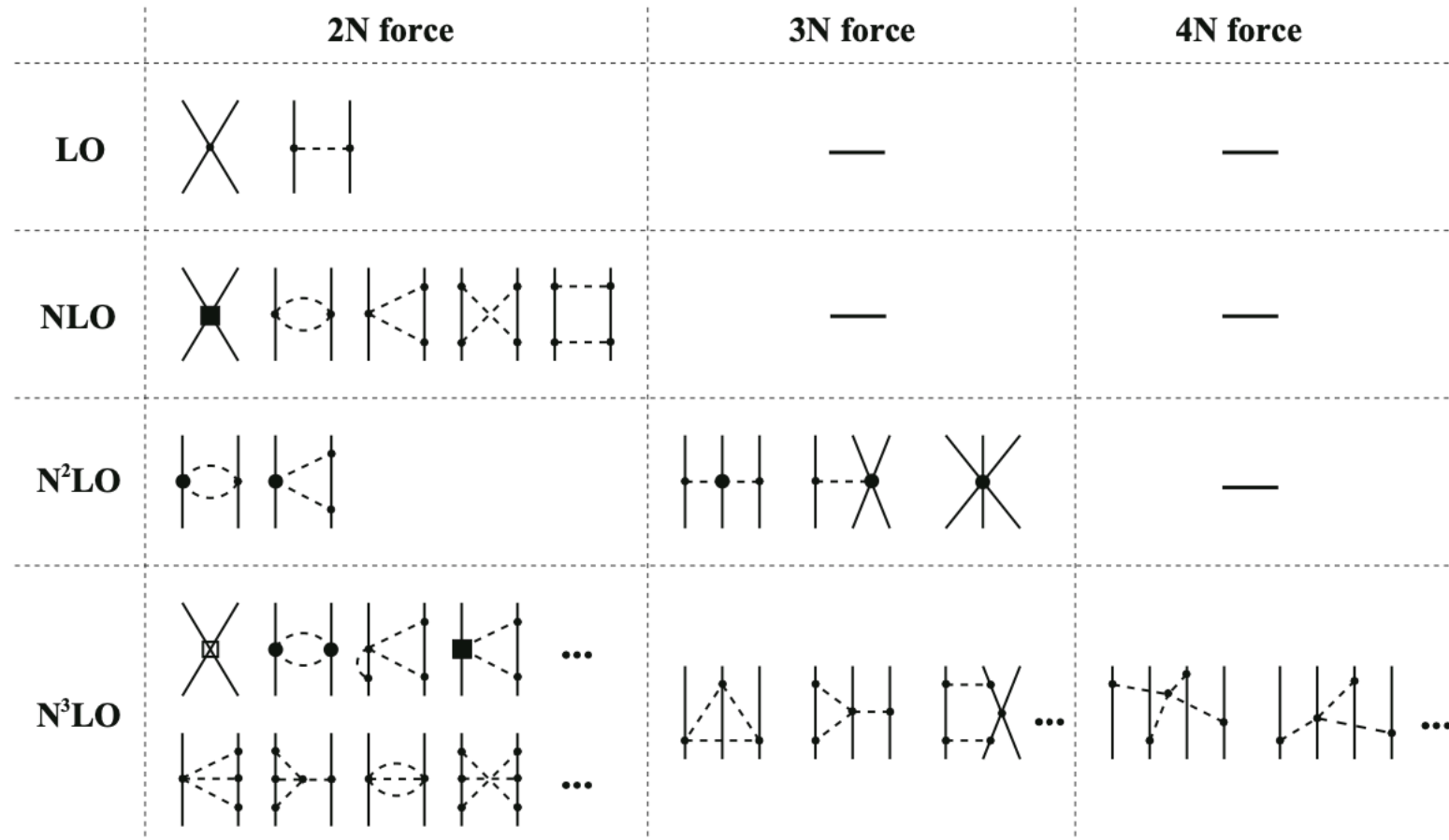


Nearest neighbours

$$H_L = \frac{3}{\tilde{m}} \sum_{\mathbf{n}} a_i^\dagger(\mathbf{n}) a_i(\mathbf{n}) - \frac{1}{2\tilde{m}} \sum_{\mathbf{n}} \sum_{l=1}^3 \left[a_i^\dagger(\mathbf{n}) a_i(\mathbf{n} + \hat{\mathbf{e}}_l) + a_i^\dagger(\mathbf{n}) a_i(\mathbf{n} - \hat{\mathbf{e}}_l) \right]$$

simplest version, many more possible, do the same with the potential

- Different Interaction: Chiral EFT



Epelbaum

- For a general Operator \mathcal{O} , the expectation value in path integral formalism is given

$$\langle \mathcal{O} \rangle = \frac{1}{\mathcal{Z}} \int \mathcal{D}s \mathcal{O}[s] \exp(-S_E[s, \beta])$$

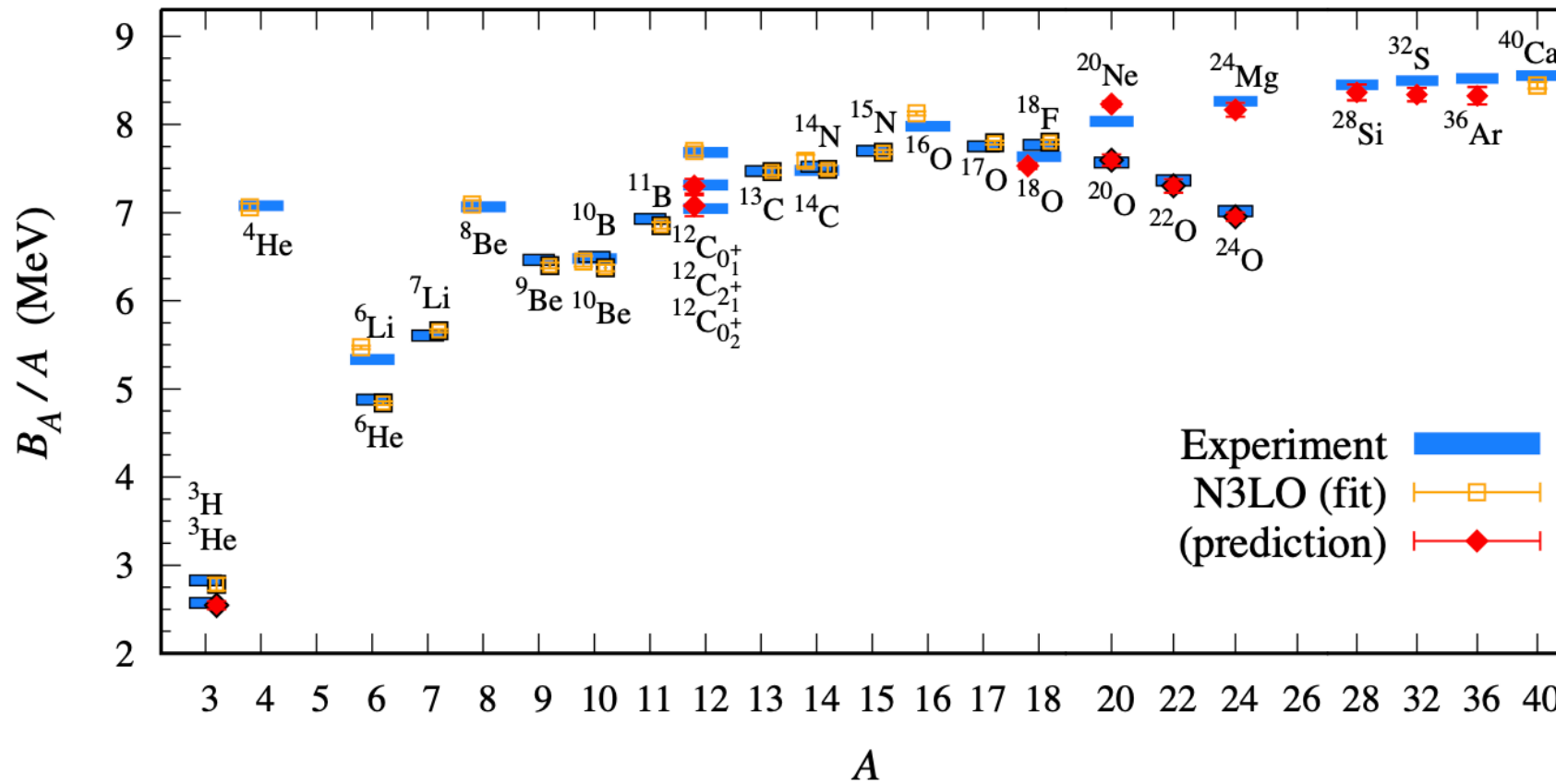
$$\langle \mathcal{O} \rangle = \approx \frac{\sum_s \mathcal{D}s \mathcal{O}[s] \exp(-S_E[s])}{\sum_s \exp(-S_E[s])} \quad \propto \text{complex phase} \quad \Rightarrow \text{sign problem}$$

Metropolis Accept/Reject sampling with respect to the action
(Importance Sampling, Markov chains ...)

- Auxiliary Fields to handle many particles efficiently:
- Idea: Replace Interactions between nucleons with Interaction of a nucleon with an auxiliary field

$$\exp\left(-\frac{C}{2}(N^\dagger N)^2\right) = \sqrt{\frac{1}{2}} \int dA \exp\left[-\frac{A^2}{2} + \sqrt{CA}(N^\dagger N)\right]$$

Since Nucleons only interact with an auxiliary field \Rightarrow Perfect for parallel computing



Elhatisari et al. 2022

Idea:

Combine N^3LO $\chi EFT(NN)$ with hypernuclear interactions

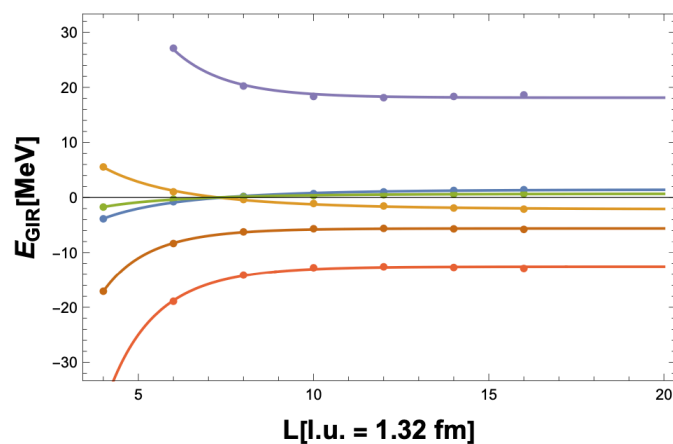
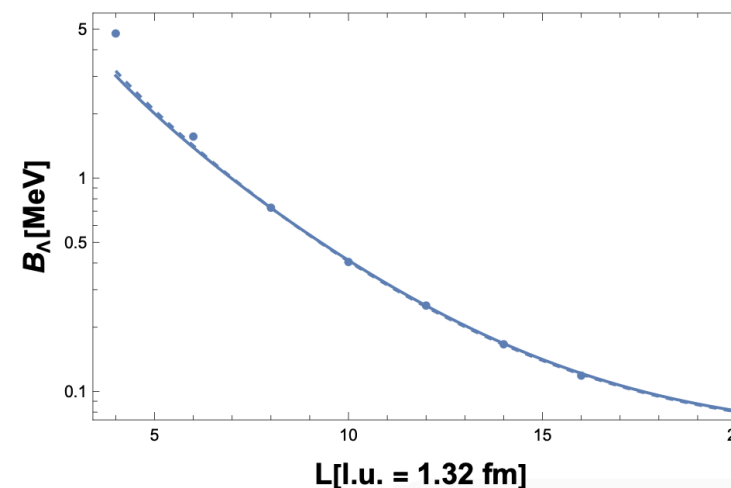
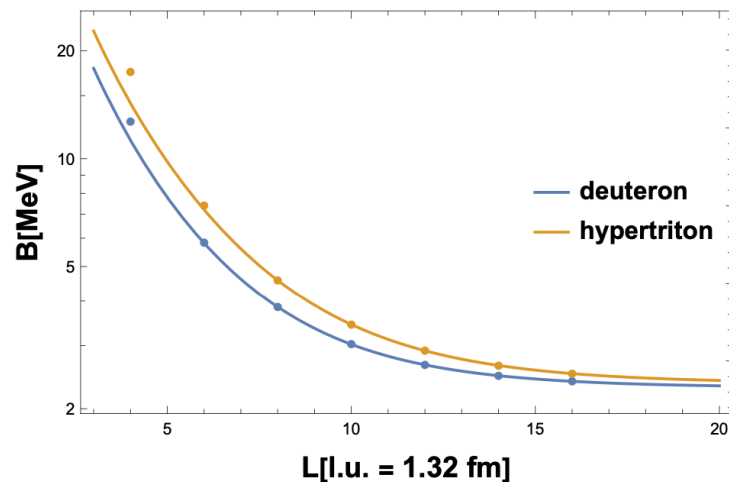
Explore Hypernuclei on the Lattice
2 options , new challenges

Option 1: Auxiliary field Monte Carlo

Idea: Use the same Method as for Nuclei, one particle more

Mass imbalance not too bad $\Delta E \approx 80$ MeV

Sign problem could be fine



Shallow Hypertriton \Rightarrow L dependence
Typical nuclear Box: $L=10,12$

$$c_{1S_0} = -1.40 \cdot 10^{-7} \text{ MeV}^{-2}$$
$$c_{3S_1} = -1.06 \cdot 10^{-7} \text{ MeV}^{-2}$$

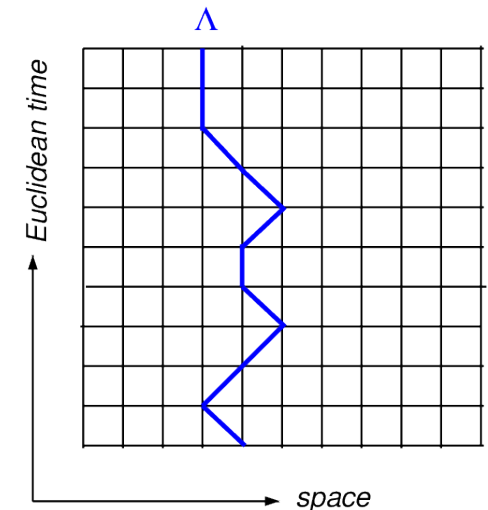
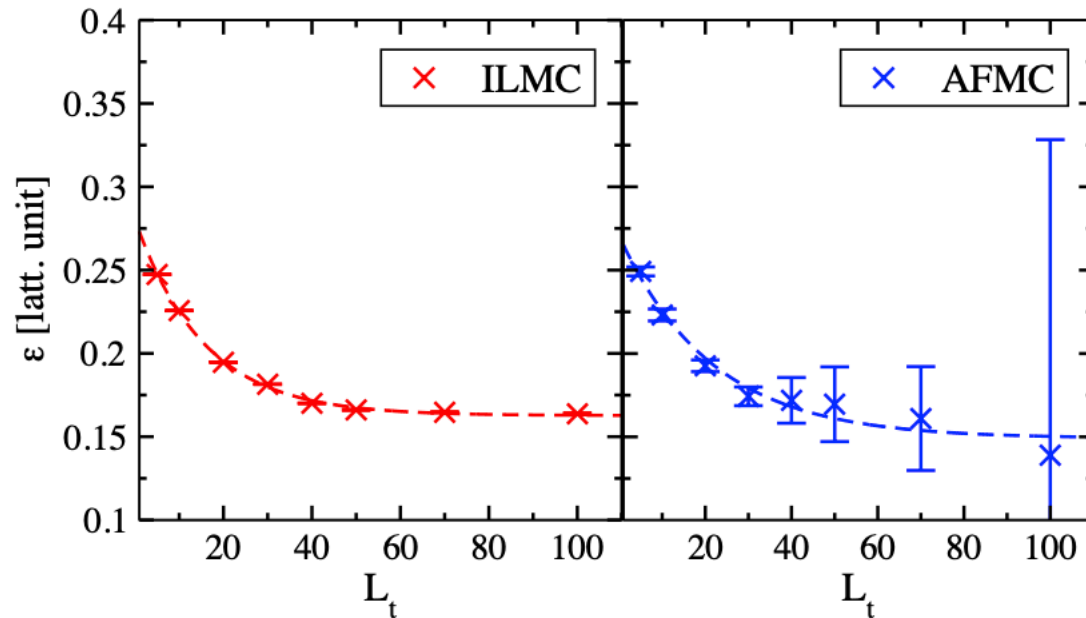
Option 2: Worldline Monte Carlo

AFMC does not converge as good as in a pure nuclear matter simulation

Need to develop a method that treats these impurities more efficiently

Treat Impurity as worldline:

(S. Bour, D. Lee, H.-W. Hammer, U.-G. Meißner)



(D. Frame, T. A. Lähde, D. Lee, U.-G. Meißner)

We however want to study systems with more impurities !! ${}^6\text{He}_{\Lambda\Lambda}$

$$\hat{H}_0 = \frac{1}{2m} \sum_{s=\uparrow_a, \uparrow_b, \downarrow} \int d^3\mathbf{r} \nabla a_s^\dagger(\mathbf{r}) \nabla a_s(\mathbf{r}) \quad \leftarrow \quad \text{Kinetic Energy Term}$$

$$\hat{H}_I = C_{II} \int d^3\mathbf{r} \hat{\rho}_{\uparrow_b}(\mathbf{r}) \hat{\rho}_{\uparrow_a}(\mathbf{r}) + C_{IB} \int d^3\mathbf{r} \left[\hat{\rho}_{\uparrow_a}(\mathbf{r}) \hat{\rho}_{\downarrow}(\mathbf{r}) + \hat{\rho}_{\uparrow_b}(\mathbf{r}) \hat{\rho}_{\downarrow}(\mathbf{r}) \right] \quad \leftarrow \quad \text{Contact Interactions}$$

Worldline - Worldline
Interaction

Worldline - Background
Interaction

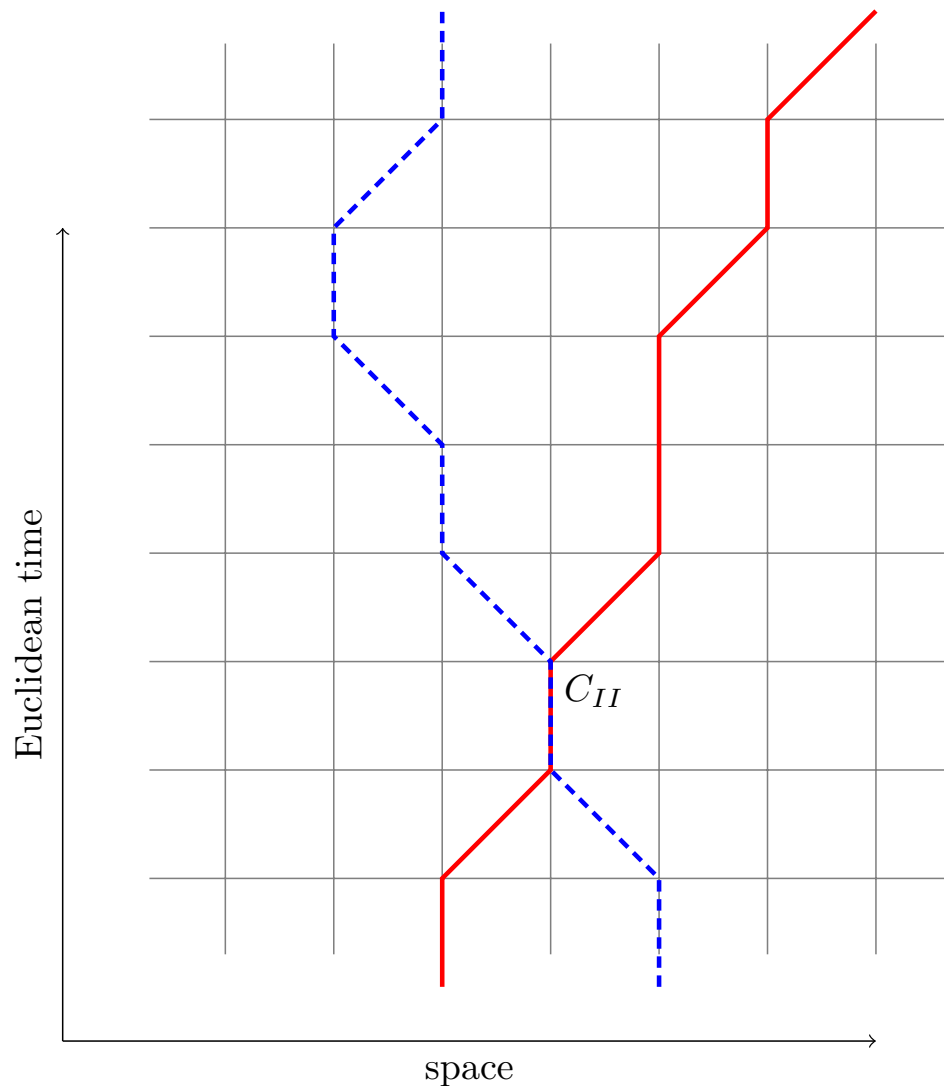
Idea: Integrate out the impurities from the lattice action :

$$\langle \chi_{n_{t+1}}^\downarrow, \chi_{n_{t+1}}^{\uparrow_a}, \chi_{n_{t+1}}^{\uparrow_b} | \hat{M} | \chi_{n_t}^\downarrow, \chi_{n_t}^{\uparrow_a}, \chi_{n_t}^{\uparrow_b} \rangle \Rightarrow \langle \chi_{n_{t+1}}^\downarrow | \hat{\bar{M}} | \chi_{n_t}^\downarrow \rangle$$

With any state in occupation number basis is given by:

$$| \chi_{n_t}^\downarrow, \chi_{n_t}^{\uparrow_a}, \chi_{n_t}^{\uparrow_b} \rangle = \prod_{\mathbf{n}} \left[a_{\downarrow}^\dagger(\mathbf{n}) \right]^{\chi_{n_t}^\downarrow(\mathbf{n})} \left[a_{\uparrow_a}^\dagger(\mathbf{n}) \right]^{\chi_{n_t}^{\uparrow_a}(\mathbf{n})} \left[a_{\uparrow_b}^\dagger(\mathbf{n}) \right]^{\chi_{n_t}^{\uparrow_b}(\mathbf{n})} | 0 \rangle$$

What can happen?



- both worldline hop

$$\bar{M}_{n' \pm \hat{l}', n'}^{n \pm \hat{l}, n} = W_h^2 : e^{-\alpha H_0^\downarrow} :$$

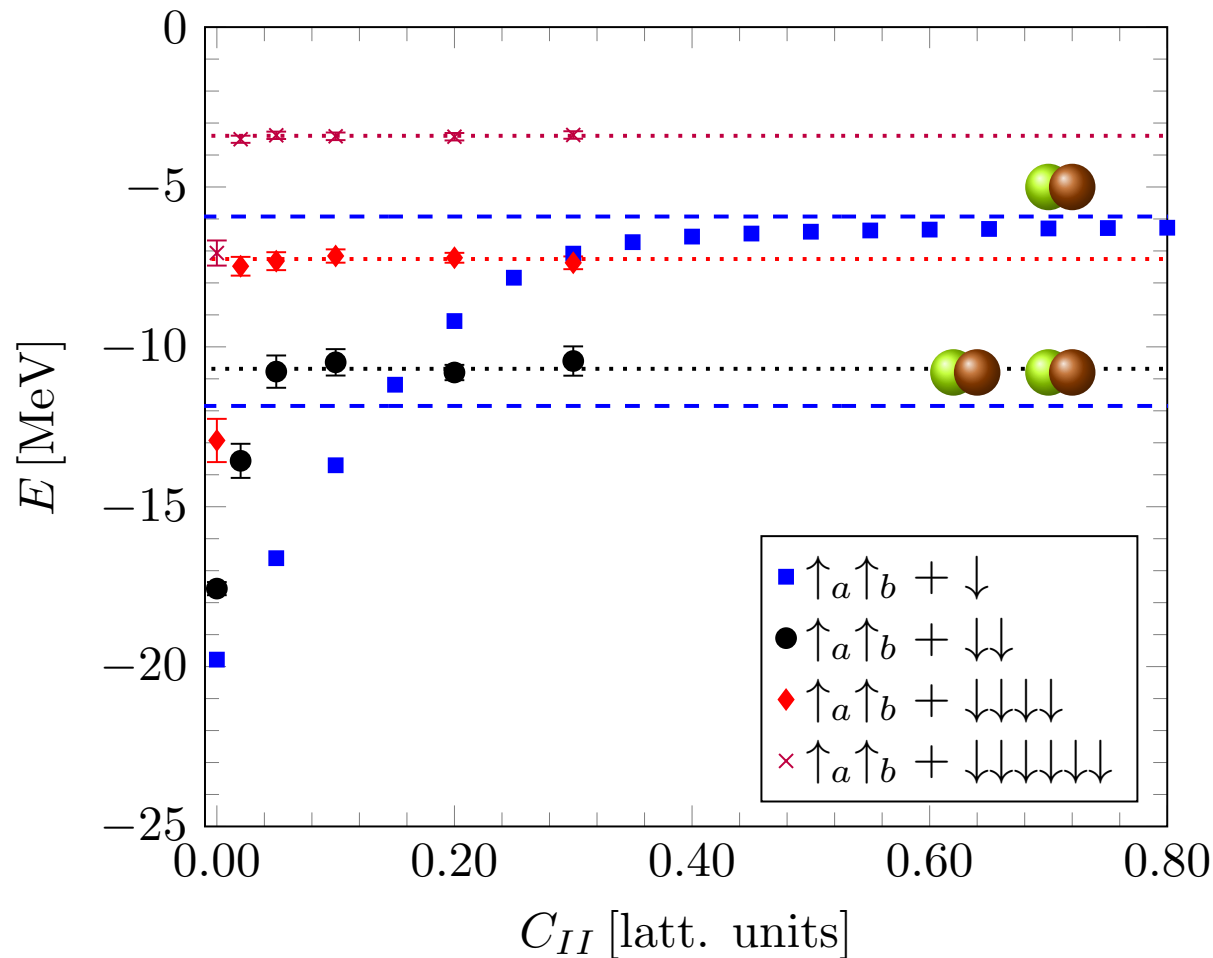
- one worldline hops, one stays

$$\bar{M}_{n', n'}^{n \pm \hat{l}, n} = W_h W_s : e^{-\alpha H_0^\downarrow - \frac{\alpha C_{IB} \rho_\downarrow(n')}{W_s}} :$$

- both worldlines stay

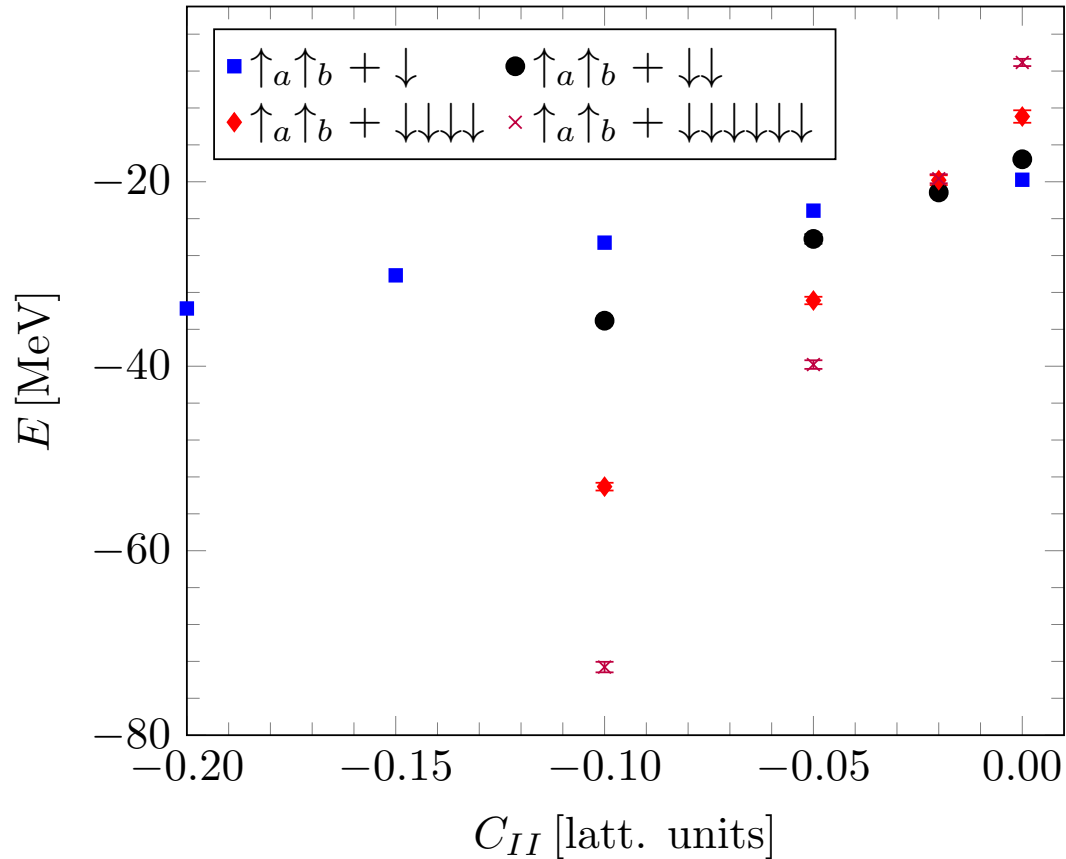
$$\bar{M}_{n', n'}^{n, n} = W_s^2 : e^{-\alpha H_0^\downarrow} \exp \left[\frac{-\delta_{n, n'} \alpha C_{II}}{W_s^2} - \frac{\alpha C_{IB} \rho_\downarrow(n)}{W_s} - \frac{\alpha C_{IB} \rho_\downarrow(n')}{W_s} + \mathcal{O}(\alpha^2) \right] :$$

Results: Attractive Impurity-Background Interaction Repulsive Impurity-Impurity interaction



- Impurity-Background interaction chosen to be attractive $a \sim 3$ fm
- Trimer stays bound even for very repulsive C_{II}
- The four particle bound state however consists out of two dimers
- Further particles fill up the fermi sea of the box and do not contribute to the binding

Results: Attractive Impurity-Background Interaction Attractive Impurity-Impurity interaction



- Around $C_{II} \sim -0.02$ the four particle system is deeper bound than the 3-body system
- Higher-particle systems show a similar behaviour at the same point
- Indication of a rich phase structure

Implementation of Hypernuclear physics on the Lattice is in progress

Two options : AFMC and Worldline+AFMC

Offers another approach to hypernuclear physics with precise interactions

Three-body-hypernuclei are important to understand physics beyond the u- and d-quark sector

Pionless EFT results consistent for large interparticle distance from 2-body Estimate

Results for the hypertriton lifetime with a fundamental deuteron including The full three-body phase space

Branching ratio favours small binding energy

Important to combine different observables: binding energy, lifetime and branching ratios!