



IVANE JAVAKHISHVILI
TBILISI STATE UNIVERSITY

Radioisotopes and radiopharmaceuticals for nuclear medicine in Georgia

Medea Abramishvili (TSU-Masters program: Nuclear physics and nuclear safety)

Supervisor: prof. Revaz Shanidze

**8TH GEORGIAN – GERMAN SCHOOL AND WORKSHOP
IN BASIC SCIENCE (GGSWBS'18)**

Contents:

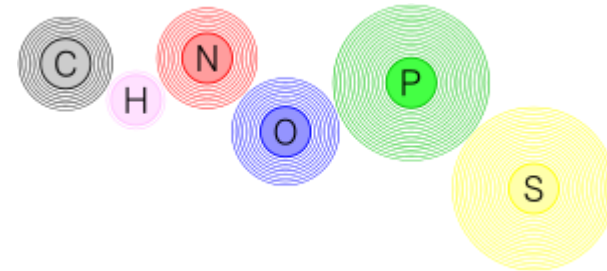
- Introduction
- Radioisotopes used in Georgia
- Radioisotope production and import in Georgia
- Example:
 - Aversi clinic
- Summary and outlook

Introduction

Radio-isotopes for nuclear medicine:

- Diagnostic (nuclear / molecular imaging):

Biologically active elements (H, C, O.), Short life-time, ...



- Therapy/treatment

^{60}Co (radiation therapy), ^{192}Ir – brachytherapy

- Calibration sources:

^{57}Co , ^{68}Ge , ^{137}Cs

Physical properties of radionuclides used in nuclear medicine studies

Radionuclide	Decay Mode	Principal Photon Emissions	Half-Life	Primary Use
¹¹ C	β^+	511 keV	20.4 min	Imaging
¹³ N	β^+	511 keV	9.97 min	Imaging
¹⁵ O	β^+	511 keV	2.03 min	Imaging
¹⁸ F	β^+	511 keV	110 min	Imaging
³² P	β^-	—	14.3 d	Therapy
⁶⁷ Ga	EC	93, 185, 300 keV	3.26 d	Imaging
⁸² Rb	β^+	511 keV	1.25 min	Imaging
⁸⁹ Sr	β^-	—	50.5 d	Therapy
^{99m} Tc	IT	140 keV	6.02 hr	Imaging
¹¹¹ In	EC	172, 247 keV	2.83 d	Imaging
¹²³ I	EC	159 keV	13.2 hr	Imaging
¹²⁵ I	EC	27-30 keV x rays	60.1 d	In vitro assays
¹³¹ I	β^-	364 keV	8.04 d	Therapy/ imaging
¹⁵³ Sm	β^-	41, 103 keV	46.7 hr	Therapy
¹⁸⁶ Re	β^-	137 keV	3.8 d	Therapy
²⁰¹ Tl	EC	68-80 keV x rays	3.04 d	Imaging

EC, electron capture; IT, isomeric transition.

Radioisotope production



Cyclotron

Used to produce radioactive very short lived tracers such as fluorine-18



Nuclear reactor

Neutron-activated radionuclides of importance in biology and medicine

Radionuclide	Decay Mode	Production Reaction	Natural Abundance of Target Isotope (%) [*]	$\sigma_c(\text{b})$ [†]
¹⁴ C	β^-	¹⁴ N(n,p) ¹⁴ C	99.6	1.81
²⁴ Na	(β^- , γ)	²³ Na(n, γ) ²⁴ Na	100	0.53
³² P	β^-	³¹ P(n, γ) ³² P	100	0.19
		³² S(n,p) ³² P	95.0	0.1
³⁵ S	β^-	³⁵ Cl(n,p) ³⁵ S	75.8	0.4
⁴² K	(β^- , γ)	⁴¹ K(n, γ) ⁴² K	6.7	1.2
⁵¹ Cr	(EC, γ)	⁵⁰ Cr(n, γ) ⁵¹ Cr	4.3	17
⁵⁹ Fe	(β^- , γ)	⁵⁸ Fe(n, γ) ⁵⁹ Fe	0.3	1.1
⁷⁵ Se	(EC, γ)	⁷⁴ Se(n, γ) ⁷⁵ Se	0.9	30
¹²⁵ I	(EC, γ)	¹²⁴ Xe(n, γ) ¹²⁵ Xe $\xrightarrow{\text{EC}}$ ¹²⁵ I	0.1	110
¹³¹ I	(β^- , γ)	¹³⁰ Te(n, γ) ¹³¹ Te $\xrightarrow{\beta^-}$ ¹³¹ I	33.8	0.24

Medical facilities that use radio-isotopes for diagnosis/treatment



Aversi- Center of nuclear medicine.

Radioisotopes:
 ^{99m}Tc , ^{131}I



Clinical medicine scientific-research institute- Todua

Radioisotopes: ^{99m}Tc ,
 ^{131}I , ^{18}F , ^{192}Ir , ^{68}Ge , ^{57}Co ,
 ^{137}Cs



Radiation medicine center
Radioisotopes: ^{99m}Tc , ^{131}I ,
 ^{60}Co

Radio-isotopes used in Georgia

Isotope	T _{1/2}	E _γ (keV)	Nuc. Med.	Production	Clinic
¹⁸ F(β ⁺)	109.78 m	511	Imaging	Cyclotron	RMC, HIMC
^{99m} Tc (γ)	6.01 h	140	Imaging	Reactor (⁹⁹ Mo/ ^{99m} Tc Generator)	Aversi, RMC, RICM
¹³¹ I (β ⁻)	8.02 d	364	Imaging Treatment	Reactor	Aversi, RMC, RICM
⁶⁰ Co (γ)	5.2714 y	1173	Treatment	Reactor	RMC
¹⁹² Ir (β ⁻)	73.8 d	180	Treatment	Accelerator	RMC
⁵⁷ Co	272 d	14.4	For calibration	Cyclotron	RMC
⁶⁸ Ge	270.8 d	106	For calibration	⁷⁶ Ge	RMC
¹³⁷ Cs (β ⁻)	30.08 y	1170	For calibration	Reactor	RMC

¹RICM – Research Institute of Clinical Medicine (Medical Center of Acad. Todua)

²RMC - Radiation Medicine Center

Import of radioisotopes in Georgia



^{131}I

^{68}Ge
"Destek"

^{18}F
Company:
"Monrol"

^{137}Cs
 ^{57}Co
"Kapindex"
"

^{99}Mo
Company:
"Parstek"

SOME RADIONUCLIDE GENERATORS USED IN NUCLEAR MEDICINE

Daughter*	Decay Mode	$T_{1/2}$	Parent	$T_{1/2}$
^{62}Cu	β^+ , EC	9.7 min	^{62}Zn	9.3 hr
^{68}Ga	β^+ , EC	68 min	^{68}Ge	271 d
^{82}Rb	β^+ , EC	1.3 min	^{82}Sr	25 d
$^{87\text{m}}\text{Sr}$	IT	2.8 hr	^{87}Y	80 hr
$^{99\text{m}}\text{Tc}$	IT	6 hr	^{99}Mo	66 hr
$^{113\text{m}}\text{In}$	IT	100 min	^{113}Sn	120 d

*Generator product.

EC, electron capture; IT, isomeric transition.

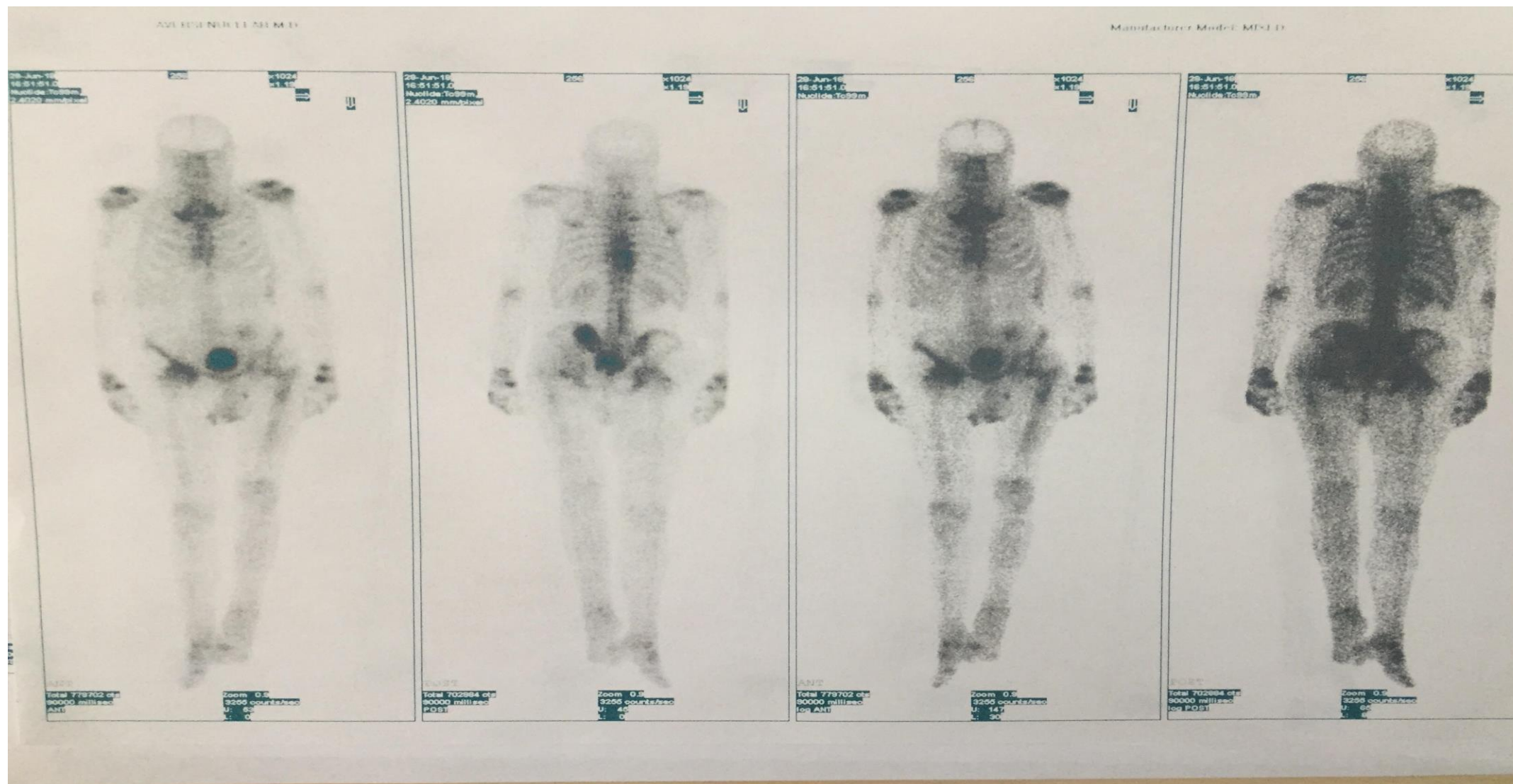
Radio-isotopes also can be produced by generators. For example, isotope $^{99\text{m}}\text{Tc}$ is produced from ^{99}Mo , which is imported in Georgia from Iran by company called “Parstek”, also from turkish company “Monrol”.

Example: Aversi- center of nuclear medicine



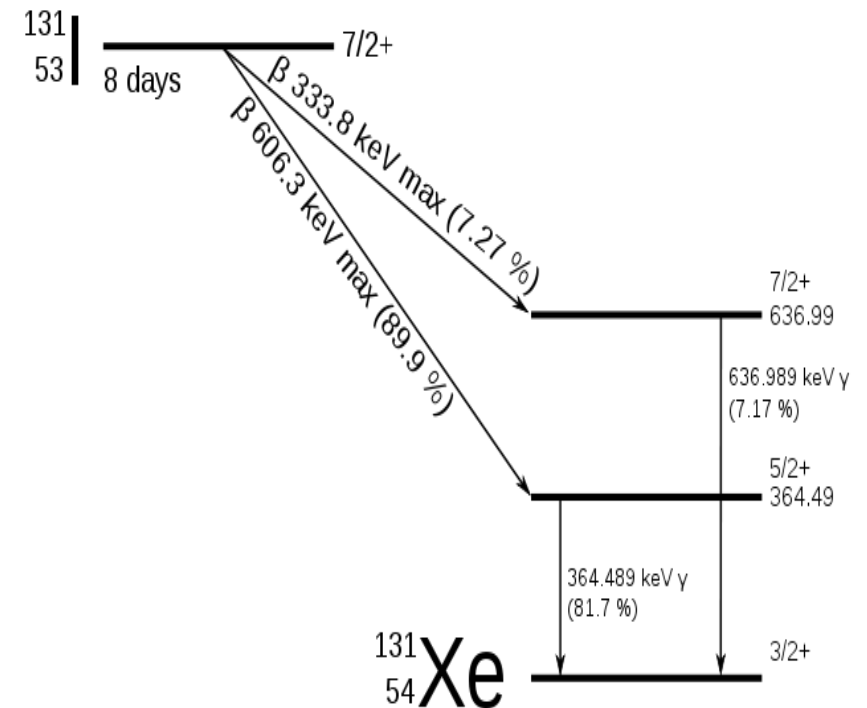
Gamma-camera used in Aversi
Used for 2 radioisotopes:
 ^{99m}Tc , ^{131}I

Example from Aversi nuclear medicine center:
Full body scan with ^{99m}Tc (bone scintigraphy)

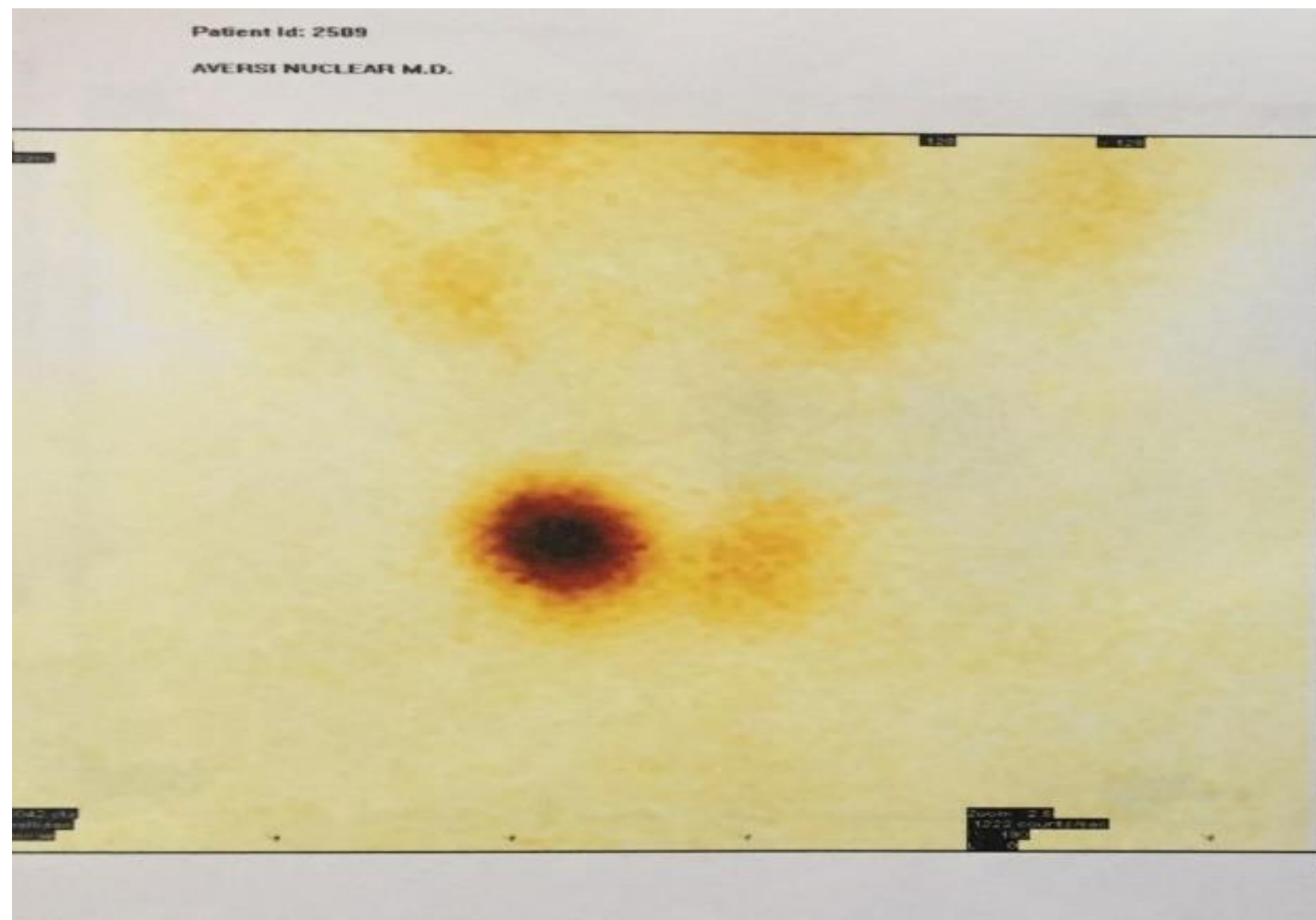


Nuclear medicine treatment

Basically, Radioactive Iodine (^{131}I) is the only isotope used for treatment of **thyrotoxicosis**. Therapeutic effect depends on emission of **β rays**. Isotope is Imported from **Hungary**.



Example from Aversì nuclear medicine center:
Thyroid scan with ^{99m}Tc



Summary and Outlook

- Radio-isotopes in Georgia are imported from different countries
- Research nuclear reactor (Mtskheta) – was decommissioned in 1990.
- PET scan require short lived radio-isotope (^{18}F) –
 - ! limiting factor for the PET-technique in Georgia
- Cyclotron for radio-isotope production in Georgia is under consideration



Thank you for attention!