

6th Georgian-German School and Workshop in Basic Science

Tbilisi, Georgia, July 7 - 12, 2014

Nino KOBALIA (Forschungszentrum Juelich, Georgian Technical University)

Instructors: Farida Grinberg, Ketevan Kotetishvili



General aspects of Radiation Therapy

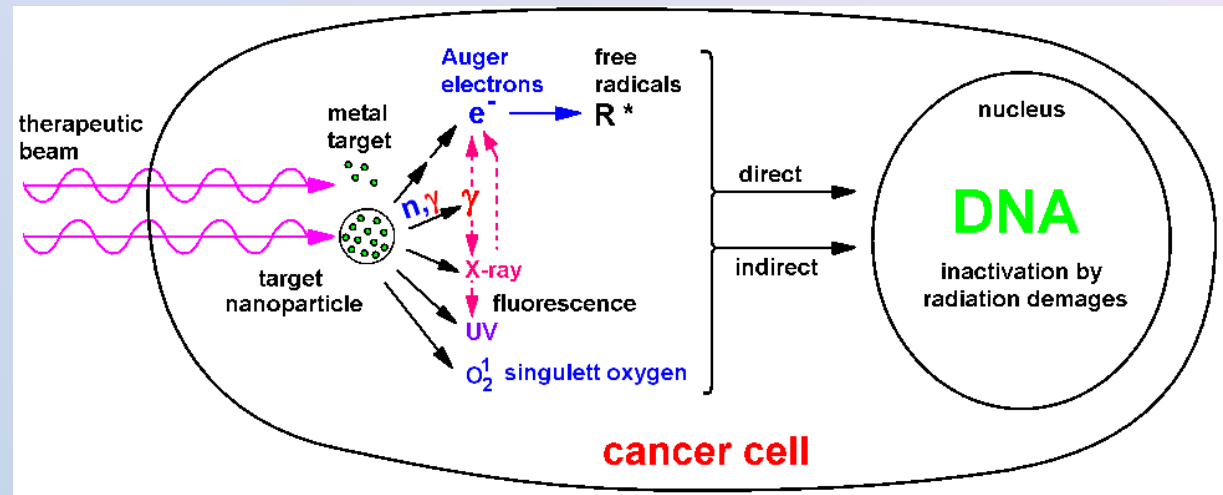
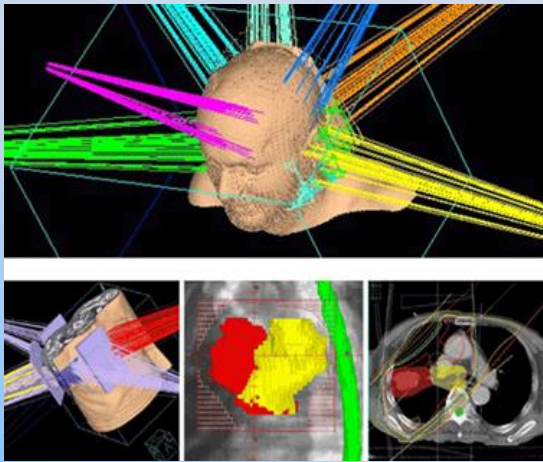


Table of contents

- Basic radiation principles
- Radiation in cancer treatment
- Different techniques used in Radiation Therapy
- Medical Radiation Physics
- Things to be done and responsibilities
- To give priority to healthy life

Basic Radiation Principles

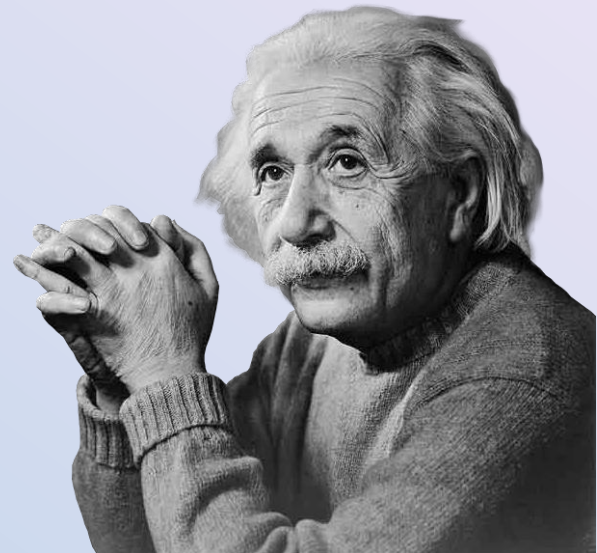
X-rays and gamma ray photons - part of the electromagnetic spectrum

Photon energy $E = h\nu$

plank constant $h = 6.62 \times 10^{-34}$ J-sec

Albert Einstein

1879 – 1955



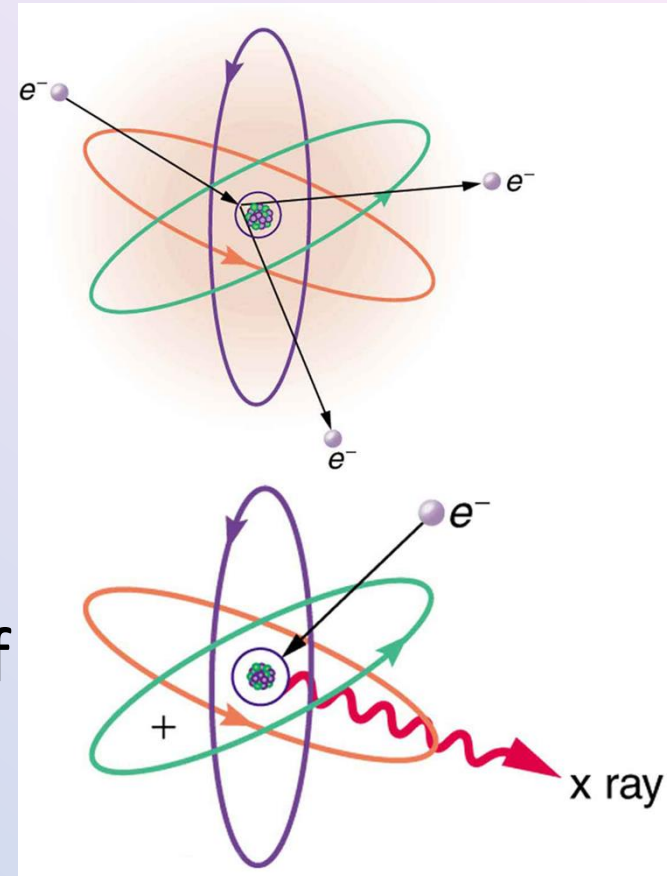
What is radiation?

Radiation - energy in motion

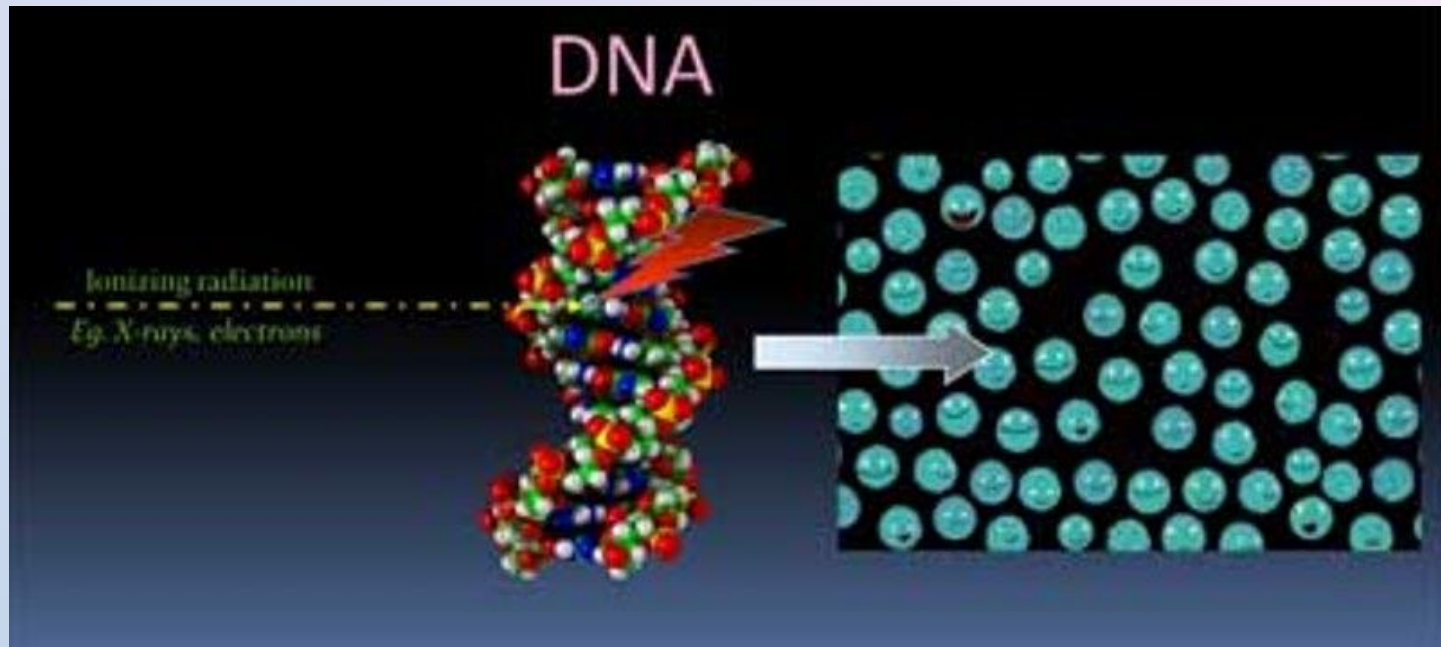
Radioactivity- spontaneous emission of radiation from the nucleolus of an unstable atom

Isotope – Atoms with the same number of protons, but different number of neutrons

Radioisotope – unstable isotope of an element that decays or disintegrates spontaneously, emitting radiation.

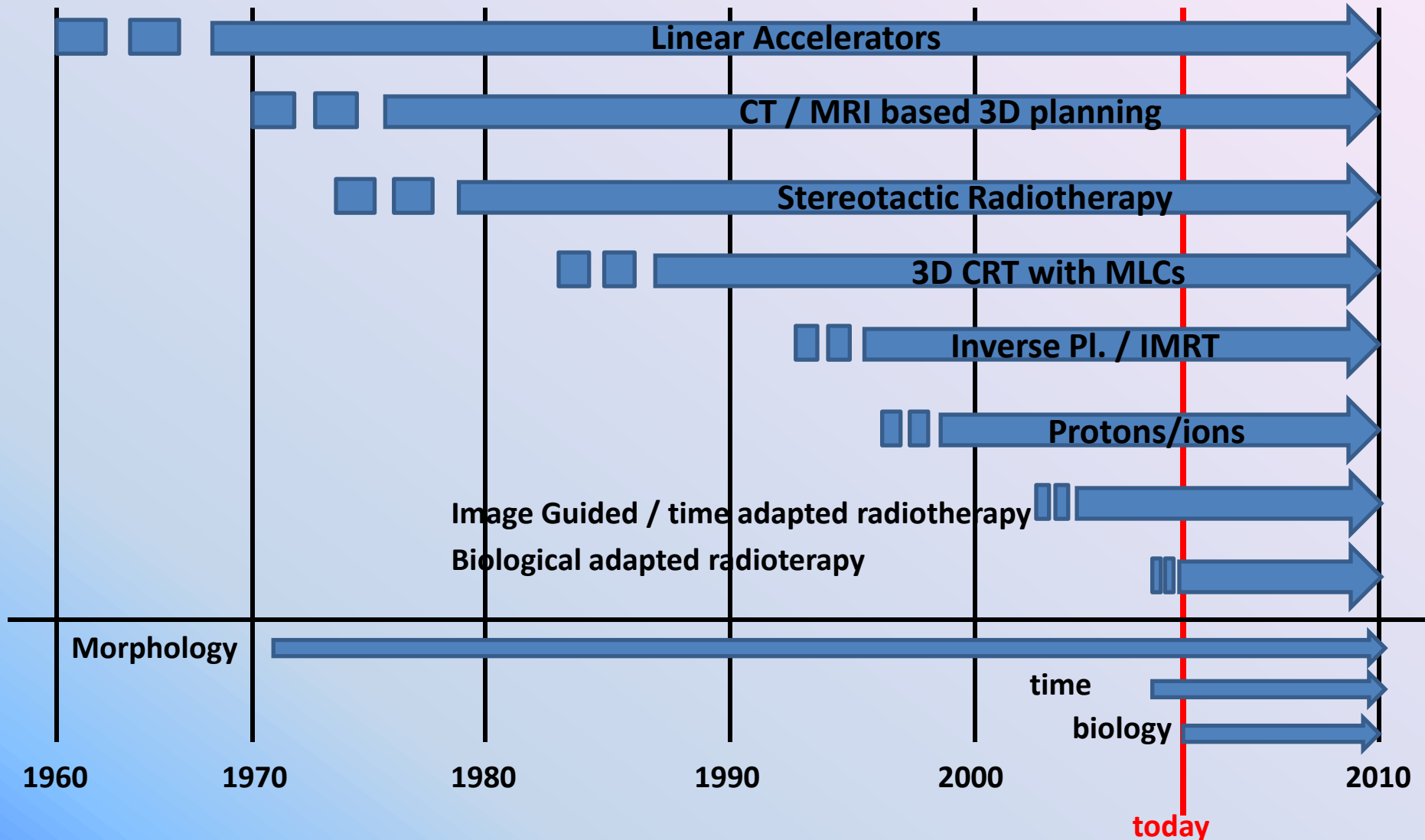


What is Radiotherapy and how radiation helps to kill cancer?

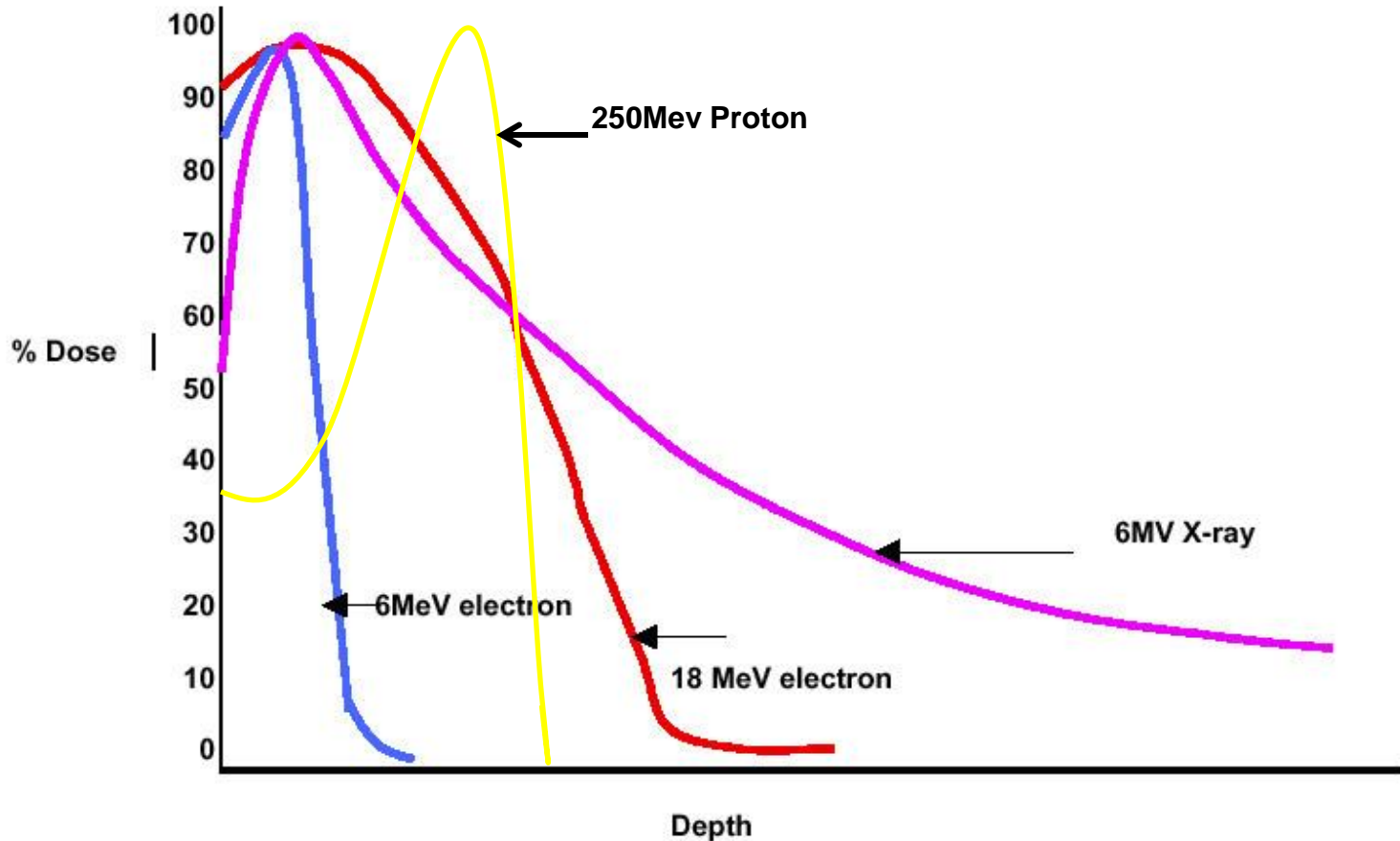


Radiotherapy is the use of ionizing radiation to kill cancer cells and shrink tumors

Innovations in Physics and technology for the benefit of cancer patients



Variation of dose with depth (x-rays and electrons).

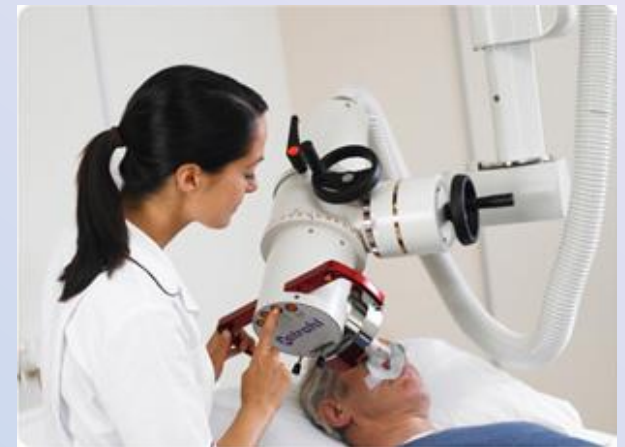


Depth Fall Off X-Rays and Electrons

Different techniques used in Radiation Therapy

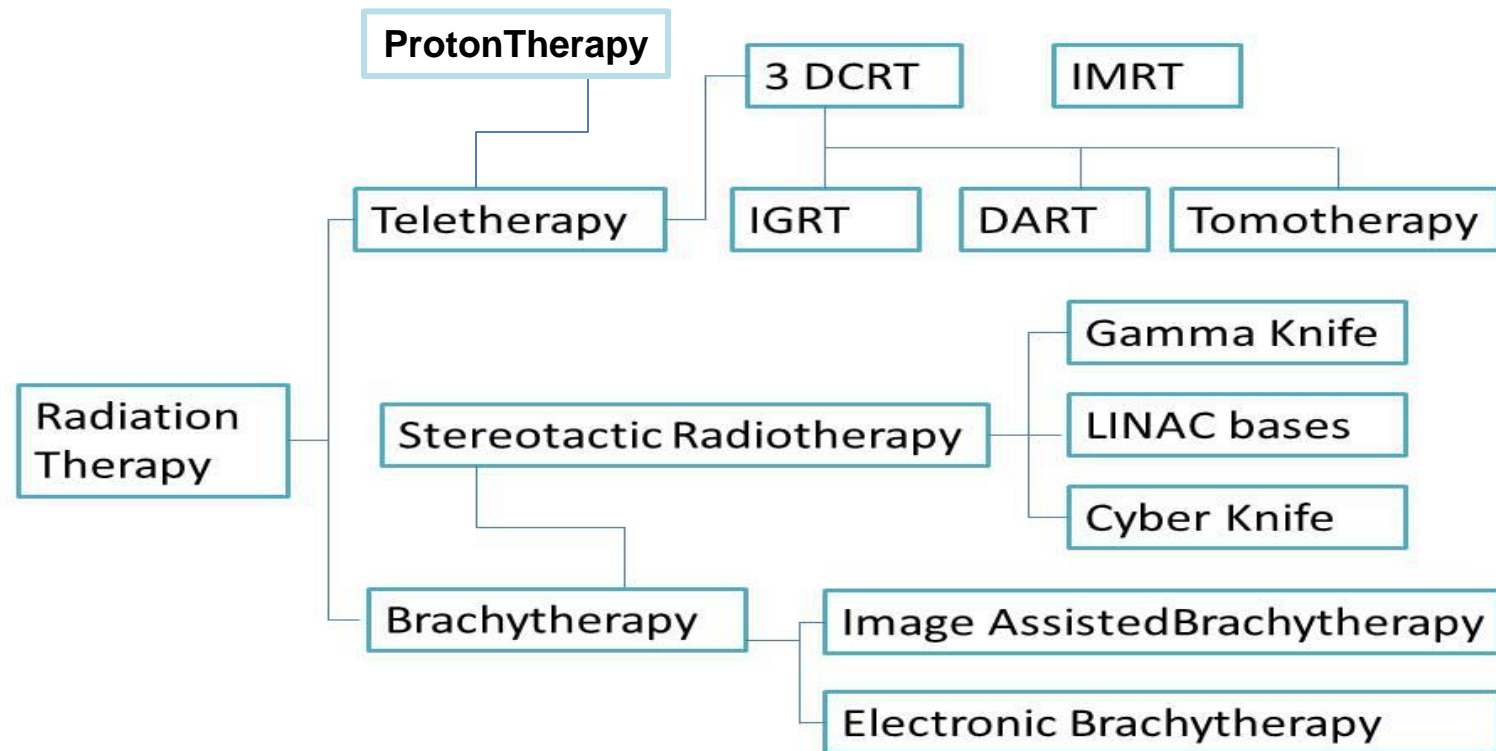
- Kilovoltage X-ray units

1. Grenz rays/border x-rays (10kV to 20kV)
2. Short distance or contact therapy (10kV to 60kV)
3. Superficial therapy (50kV to 150kV)
4. Intra Operative Radiotherapy (50 kV)
5. Orthovoltage therapy or deep therapy (150kV to 400kV)



Different techniques used in Radiation Therapy

- Megavoltage Linear Accelerators, or Co-60 units



Different techniques used in Radiation Therapy



Brachytherapy



Gamma Knife



Tele-Gamma Therapy



Different techniques used in Radiation Therapy



Tomotherapy



Cyber Knife

Different techniques used in Radiation Therapy



Proton Therapy



**Linear Accelerator
- TrueBeam**

Treatment Process



Consultation - review the history of patient illness and performing a physical examination

Simulation - to determine the treatment position

Immobilization – to ensure correct positioning

Skin Reference – tattoos on skin for correct field identification

Treatment Planning – calculating the radiation dose that will be delivered to the patient's tumor and the surrounding normal tissue

Verification – approval of the best treatment plan

Treatment Delivery - Irradiation

Key Staff Functions

Key Staff

Supportive Staff

1. Clinical evaluation	Radiation Oncologist	
2. Therapeutic decision	Radiation oncologist	
3. Patient immobilization	RTT – MR	Rad.Oncologist
	Dosimetrist	Physicist
4. Target volume localization:		
Target volume determination	Radiation Oncologist	RTT-Sim
Sensitive critical organs	Radiation Oncologist	RTT-Sim
		Dosimetrist
Patient contour	RTT-TPS	Physicist
		RTT-Sim
		Dosimetrist

Key Staff Functions

Key Staff

Supportive Staff

5. Treatment Planning

Beam data computerization

Physicist

Computation of beams

Physicist

Dosimetrist

Shielding blocks, treatment aids, etc.

Dosimetrist

Rad. oncologist

RTT-MR

Physicist

Analysis of alternative plans

Rad.Oncologist

Dosimetrist

Physicist

RTT-TPS

Selection of treatment plan

Rad.Oncologist/

Physicist/Dosimetrist

Beam-on time (MU) calculation

RTT-TPS

Dosimetrist

Physicist

Key Staff Functions

Key Staff

Supportive Staff

6. Simulation/verification
of treatment plan

Rad.Oncologist
RTT-Sim

Dosimetrist
Physicist

7. Treatment:

First day set-up

Rad.Oncologist
Dosimetrist

Dosimetrist
Physicist

RTT

Localization films

Rad.Oncologist
RTT

Dosimetrist
Physicist

Daily treatment

RTT

8. Evaluation during treatment

Rad.Oncologist
RTT

Social worker
Dietician

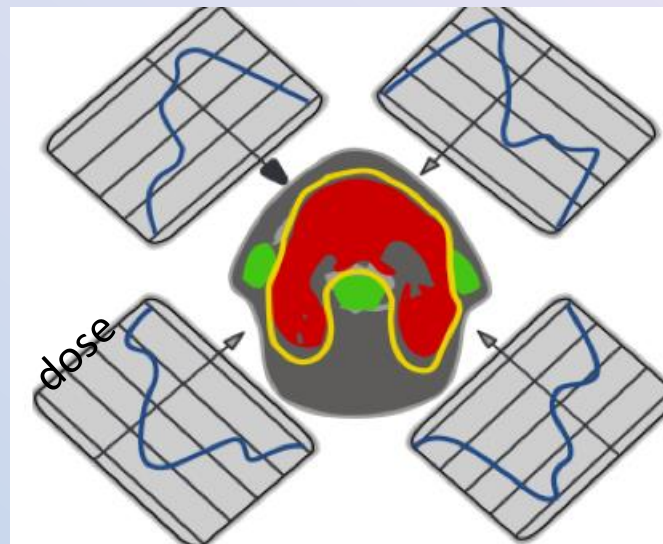
9. Follow-up examination

Rad.Oncologist
Nurse

Data manager, Dietic.
Social worker

Medical Radiation Physics

Deliver optimized high dose to all parts of the tumor while minimizing the dose to surrounding normal tissue.



▲ Organs at Risk

▲ Target

Uniting physics, biology and medicine for better healthcare



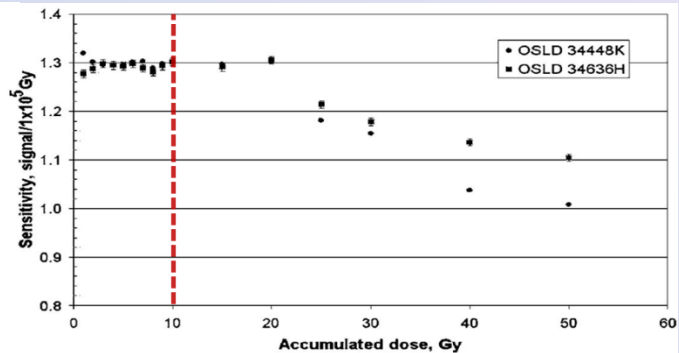
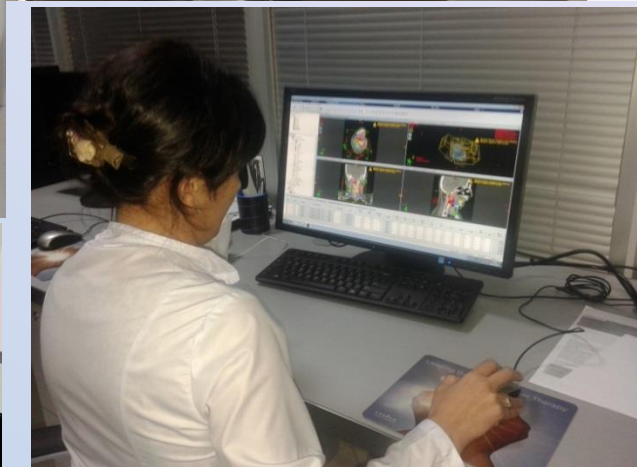
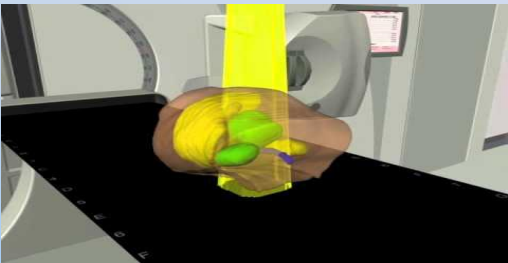
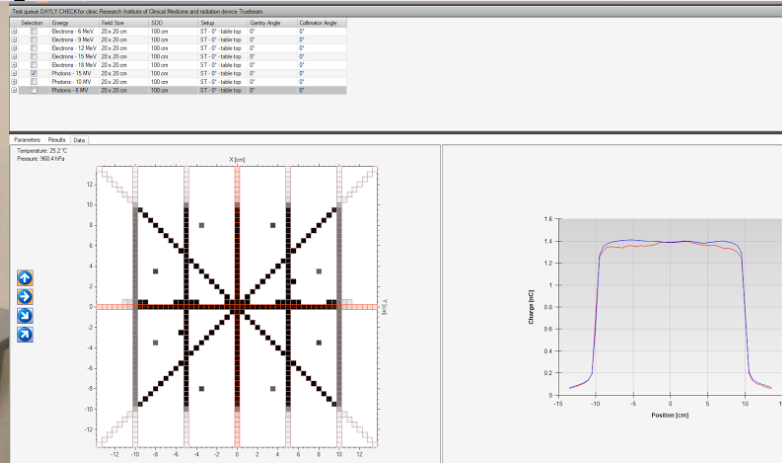
Things to be done and responsibilities

- Ensuring the correct calibration of treatment units both during commissioning and on a regular basis;
- Ensuring the correctness and accuracy in patient dose calculations, both computerized and manual;
- Designing, implementing and supervising quality assurance procedures;
- Participating in the continuing review of the radiotherapy practice's resources (including budget, equipment and staffing), operations, policies and procedures;
- Planning, in conjunction with the radiotherapy physician and the RPO, the facilities for radiotherapy practice;

Things to be done and responsibilities

- Preparing performance specifications for equipment with regard to radiation protection;
- Ensuring the establishment and maintenance of a radiation protection programme for the safety of staff and the public;
- Test equipment for acceptance, commission equipment for clinical use and supervise equipment maintenance;
- Participating in the investigation and evaluation of incidents and accidents;
- Contributing to the radiation protection training programme.

Medical Physics



Quality Assurance vs. Quality Control

Quality Assurance

An overall management plan to guarantee the integrity of data
(The “system”)

Quality Control

A series of analytical measurements used to assess the quality of the analytical data
(The “tools”)



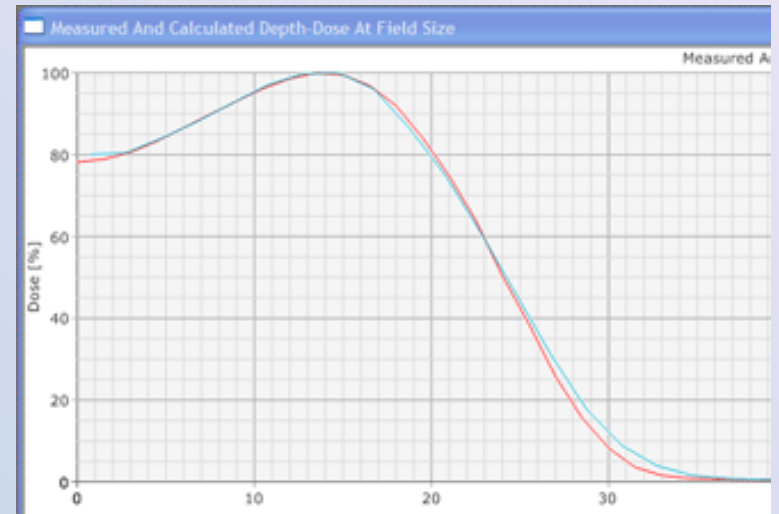
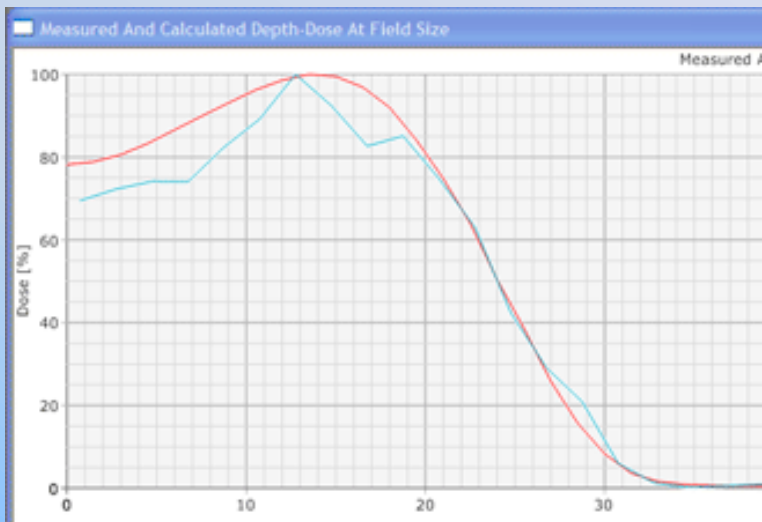
True Value vs. Measured Value

True Value

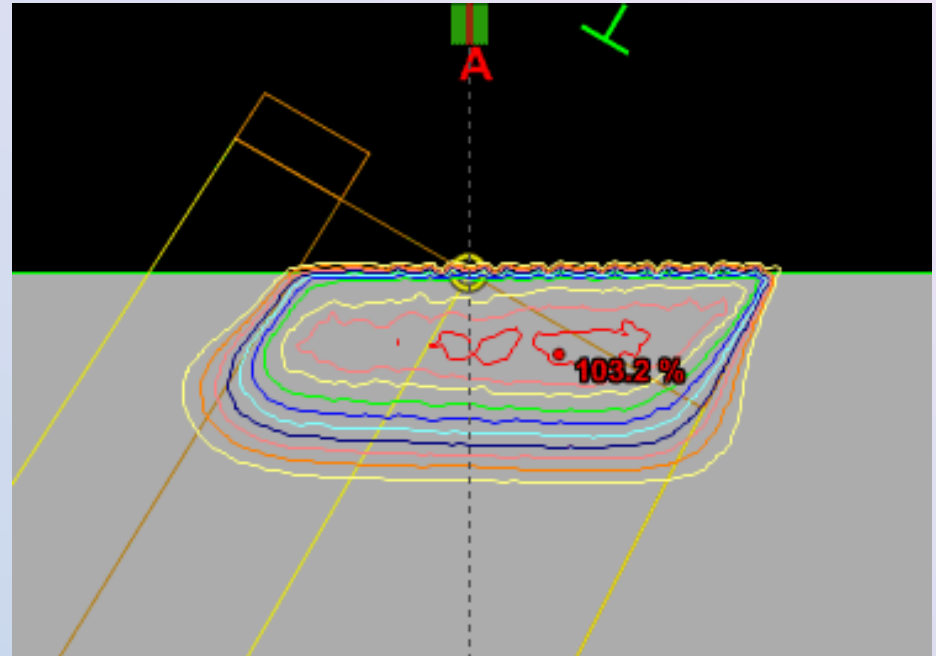
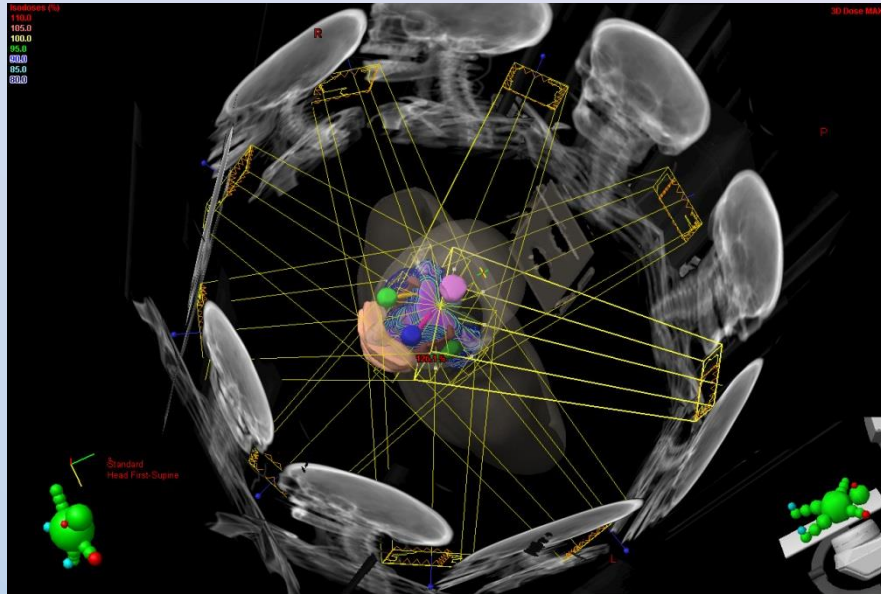
The known, accepted value of a quantifiable property

Measured Value

The result of an individual's measurement of a quantifiable property



True Value vs. Measured Value



Accuracy vs. Precision

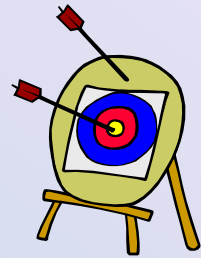
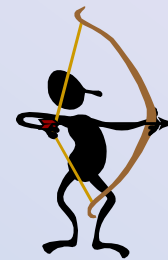
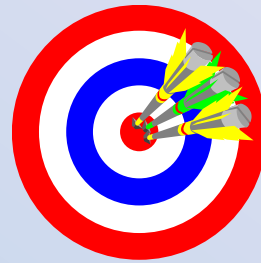
Accuracy

How well a measurement agrees with an accepted value



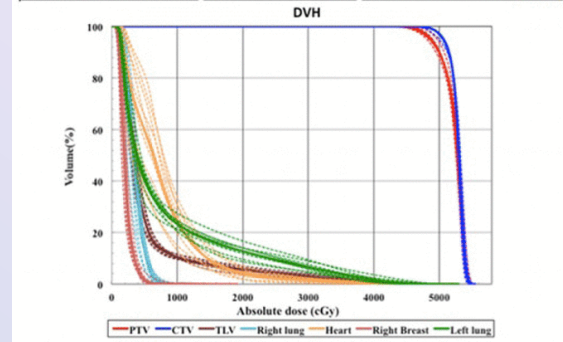
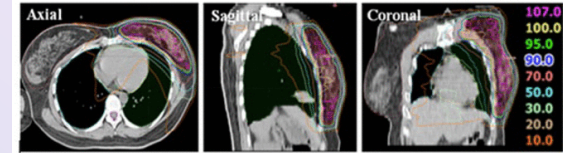
Precision

How well a series of measurements agree with each other



To give priority to healthy life

- Radiation Safety of Patient



- Radiation Safety of Staff





Thanks for your attention!

Nino KOBALIA

Medical Physicist

E-mail: n.kobalia@fz-juelich.de

Cell: +49(1)5777063150